

All families at different times need some extra support, for many reasons.

The Parent Support Advisor will listen and empower you, working towards finding solutions, helping to support you to make the changes required to meet your goals.

Our work includes:

- One to one work with parents including talking, listening, reflecting, supporting in times of crisis
- Signposting
- Partnership working with Community and Voluntary agencies
- Finding practical strategies with parents, children and young people to improve behaviour / relationships
- Outreach - supporting families accessing community resources

The Parent Support Advisor can help with:

- Parenting concerns
- Bereavement
- Behavioural management
- Returning to work / education
- Benefits/housing/debt
- Bullying
- Confidence building
- School attendance
- Mental well-being
- Healthy lifestyle
- Accessing local services
- Relationship breakdown
- E-safety
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Parent Support Advisor



Mrs Sharon Baxter



Contact options:

- 01566 772170
- Email: ststephens@andaras.org
- Call at Reception and ask for me, or leave a message for me to contact you



Bringing up
children can be
full of rewards
but isn't always
easy!

The Parent Support Advisor aims to:

- Support you in relation to your child's learning & development, both in and out of school
- Build on your strengths and experience as parents and carers, by valuing your expertise and knowledge about

Your Child!

We will listen, support and advise
by offering practical parenting
strategies to help with:

- Strengthening existing parenting skills
- Managing challenging behaviour and setting boundaries
- Concerns around education including attendance, progress and homework
- Routines, mealtimes, sleep and play
- Parents becoming more involved with their child's school and learning
- Making informed choices and accessing local services
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**The Family Support Advisor
offers:**

- A link between home and school
- A confidential listening service
- Information, advice, guidance on a range of issues
- Help with transition from primary to secondary school
- Support with meetings in school
- Help with referrals to other services and organisations
- Support for you and your family if you are new to the area
- Advice on Parenting groups and courses in the area
- Advocacy - speaking on your behalf