

# PE and School Sport Action Plan

## St Stephens School 2019–2020

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2019/2020	Funding allocated - £18,070 Plus C/F of – 740.28 total – £18,810.28
Lead Member of Staff – Victoria Vincent	2019/2020	Governor responsible – Sue Tiemey
Total fund allocated – £18,810	To be Updated – November 2019 , February 2020	

### Key achievements to date:

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg Imoves/active classrooms and ensure a range of programmes are on offer.
- To implement a 30/30 action plan as a result of the 30/30 day to improve the number of children accessing 30 active minutes.
- To continue to improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity and embed the use of the climbing wall.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.
- To upskill pupil leaders within the school to promote health and well-being.
- To deliver outdoor learning programmes to engage reluctant learners through the use of wild tribe explorers.
- The implementation of a maths trail to improve active maths within the school grounds.
- To provide children with alternative activities through the delivery of the sugar smart minis and a beach day.
- To introduce Absolute Education as a way of monitoring children's participation in after school clubs and competition.

### Areas for further improvement and baseline evidence of need:

- To continue to utilize specialist teachers and sports coaches to upskill staff in a variety of areas of PE.
- To improve the playground with the installation of playground markings to include the heartline, alphabet tree, roadway and x table ladders – to increase the active 30 minutes at break times and lunchtimes.
- To continue to use the absolute education programme to monitor participation at lunchtimes and in after school clubs.
- To continue to develop leadership in the playground with the introduction of sugarsmart/wild tribe leaders.
- To introduce the 30 minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report.
- To continue to use imoves to develop active classrooms.
- To continue to deliver wild tribe explorers as a tool to improving self-confidence and self-esteem in reluctant learners through outdoor learning.
- To introduce a range of new sports clubs to include boxing, netball, hockey, Zumba and lunch time Plymouth Argyle squad training.
- New subject leader in post provision in place for subject leader training.
- To introduce a day of dance to improve dance provision and expertise within the school.
- To provide alternative activities through the i of a beach day, boxing activities and Zumba.
- To continue to take part in local and county competitions and increase the number of competitions the school take part in.
- To apply for school games mark with the aim of achieving the silver mark by the end of this academic year.
- To continue to develop links with Launceston hockey and boxing club with the provision of after school clubs which link to the community club.

--	--

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To purchase playground markings to increase activity at playtimes and lunchtimes. <b>To support playground leaders and ensure children are active.</b>	£3,413(as quote)	Equipment purchased and used to support delivery of physical activity.	Update other areas of the playground and investigate a trim trail for the field.
Purchase of equipment and resourcing for outside PE to support the delivery of <b>the PE curriculum to ensure children have access to a high quality experience in PE.</b>	£100		Continue to train playground leaders to ensure delivery can continue.
Introduce Arena sugar smart blast as a daily physical activity <b>to form part of the menu for 30 active minutes for children.</b>	£0	Clear action plan in place which has evidenced pupil voice. Phase one of the plan implemented with an increase in the number of children engaged in the playground.	Maintain a log of equipment and put a replacement budget in place.
To introduce the 30 minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report.		5 % increase in the number of pupils physically active	Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.  Encourage the children to develop their own sugar smart blasts.

<p>Continue to use iMoves as a tool to raising standards across the curriculum and <b>engaging children in active learning.</b></p> <p>To deliver a refresher on the iMoves programme to increase the number of children active classrooms.</p> <p>Foundation year pupils balance bike sessions.</p> <p>Sugarsmart minis day – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops.</p> <p>Playground leader training delivered to train children in the delivery of activities for younger peers engaging them in active playgrounds. OR Wild tribe literacy/maths leaders.</p>	<p>£900 (renewed subscription)</p> <p>Part of ARENA membership</p> <p>Part of ARENA membership</p> <p>£260.00</p> <p>£260.00</p>	<p>and engaged on a daily basis in the playground.</p> <p>Active Timetable successfully introduced with children having access to iMoves every afternoon. 50% increase in the number of children taking part in active classrooms.</p> <p>Children understand the principles of sugar smart and understand how to live a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles</p> <p>15 playground leaders trained to deliver activities for peers. Children demonstrating an increased confidence in leading activities.</p>	<p>Ensure there is a rotation of activities to continue to engage the children.</p> <p>Review active maths programme and extend to active literacy. <b>Next steps:</b> Ensure there is a rotation of activities to ensure engagement of children.</p> <p><b>Sustainability</b> Review iMoves programme and cascade training to all new staff.</p> <p><b>Next steps</b> Investigate a health and well-being week for the children.</p> <p>Investigate gaining healthy schools accreditation.</p> <p><b>Sustainability</b> Staff trainee to deliver at least one healthy active workshop.</p>
---	--	--	---

Cross- country running club weekly in Spring and Summer Term.	£315.00	5% increase in the number of children taking part in innovative physical challenges on a daily basis. A range of activities in place to increase the number of children active for 30 mins. Intended impact after June.	
---	---------	---	--

**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Continue to develop playground leadership across the school. Wild Tribe Rangers.(14 pupils Y4/5 and 8 LSA's)</p> <p>To deliver wild tribe explorers to engage children in behaviour for learning through the outdoors and raise their confidence and self- esteem. KS 1 plus year 3 8 girls complete.</p> <p>Wild tribe rangers Y4 and Y5. 15 children. Summer 1</p> <p>To deliver wild tribe one day literacy intervention</p>	<p>Subject leader/TA to support</p> <p>£1417.50</p> <p>FREE as part of ARENA membership</p>	<p>15 Playground leaders delivering activities on a daily basis raising the profile of physical activity.</p> <p>SDQ questionnaires pre and post wild tribe explorers course.</p> <p>Increased resilience and</p>	<p><b>Next steps</b></p> <p>Continue to provide sports leadership opportunities for children.</p> <p>Continue to develop and extend opportunities for the sports council whole school.</p> <p><b>Sustainability</b></p> <p>Playground leaders and a TA will train the next cohort.</p> <p><b>Sustainability</b></p> <p>TA trained to continue delivery of outdoor learning with this group.</p>

session. Year 4 reluctant writers.		readiness to learn being displayed by pupils taking part in this programme. Increased confidence and self-esteem in writing.	<b>Next Steps</b> Continue to up skill staff in the delivery of active classrooms and learning in the outdoors.
Introduce a homework club in Spring term linked to health and well-being and our TIS programme.	£105		
To continue to deliver Zumba club and netball run by a HLTA	£210	All teachers trained in iMoves. TA training delivered by Subject lead.	<b>Sustainability</b> Staff developing their own active classroom programmes.
Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.		To develop emotional resilience and improved confidence inside the classroom.	
Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – <b>With a sports award given yearly</b> Review reward system.		HLTA professional development	
Inviting sporting individuals in to motivate and inspire all pupils. 'Sport for School 'programme. Jack Rutter and Jonathan Paterson sponsored session. Money raised 60% to purchase new equipment.		Celebration assemblies delivered once a week with a focus on achievement in PE and school sport which has raised profile with parents and pupils.	<b>Next Steps</b> Continue to find interesting and innovative ways of celebrating sports achievement.
		Positive response and support from community. <b>£950.00 raised.</b>	<b>Next Steps</b> Purchase key equipment. Seek further motivational athletes to inspire pupils.

**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance and other courses.	Arena membership £550	Inclusive PE curriculum which up skills teachers and pupils. Two teachers attended the wild tribe conference.	<b>Next Steps</b> Build into future inset training whole school training in PE and school sport. Continue to support the development of subject leadership whole school.
PE conference – Friday 1 <sup>st</sup> November	Arena membership		
3 days' supply cover for subject leader	£500		
Employment of a specialist coaches to upskill staff in the delivery of PE and school sport across a wide range of different pe and school sport areas of the curriculum. <b>To include netball coaching.</b>	£4005	Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs Five teaching staff upskilled as a result of specialist support.	<b>Sustainability</b> Staff to deliver inset training to cascade key elements to whole school. Opportunities created for PE knowledge to be shared whole school.
Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle	£2160 (curriculum support)	Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.	<b>Next Steps</b> Baseline being established for future years on assessment in PE.
	£540 club	Children understand where they are in their learning	<b>Sustainability</b> Staff upskilled in at least one area of PE during the year. Staff feeling competent and confident to continue to deliver the

		<p>and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p> <p>Parents are aware of the progress their children are making in PE and school sport.</p> <p>100% increase in the number of pupils being assessed at least once throughout the year.</p> <p>Equipment purchased which has supported the delivery of high quality lessons.</p>	<p>area of PE they received the support in.</p> <p><b>Sustainability</b> Curriculum purchase to ensure the continued delivery of high quality PE.</p>
--	--	---	---

**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls lunchtime	£1125	Absolute Education baseline data 12% increase	<b>Next Steps</b> Continue to broaden the range of



<p>club. Links to competition and summer cricket camps. Links to local cricket clubs (Werrington CC)</p> <p>14 clubs set up to engaged children who do not engage in team sports. (+2 additional from Spring 2020)</p> <p><b>Beach day to be delivered to year 3 and 4 to broaden the range of activities on offer. (July)</b></p> <p>Day of dance to upskill staff and pupils in the development of a dance performance.</p> <p>To continue to develop links with Launceston hockey and boxing club with the provision of after school clubs which link to the community club.</p>	<p>Costed above</p> <p>£337</p> <p>£280</p>	<p>in pupils attending after school clubs term on term (Autumn to Spring)</p> <p>18% of Girls attending consistently. 15% increase in the number of girls attending clubs. 26% increase in the number of boys attending after school clubs. 10% increase in the number PPG children attending clubs (Absolute education data).</p> <p>Wake up shake up lunch time club set up to engage children who prefer non games based sports. Increase in the number of girls attending a club. 14 girls attending regularly every week. Increase in confidence and felling of inclusivity demonstrated by the girls.</p>	<p>alternative sports delivered. Wider range of opportunities will continue to be offered to engage disengaged pupils. Needs of target groups continue to be addressed.</p> <p><b>Sustainability</b> Year 5 girls to lead wake up shake up morning sessions for peers. Year 5 girls to cascade knowledge down to year 3 and 4 pupils.</p>
---	---	---	---

**Key Indicator 5 : Increased participation in competitive sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To compete in the MAT competitions to ensure children to access high quality competitions.</p> <p>Transport to events and competitions Kwik cricket comp</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge to look at intra competitions.</p> <p>To attend the sportsability festival at Launceston college to ensure all pupils have access to competitions.</p> <p>To apply for school games mark and aim to achieve- Bronze/Silver award using the ab ed data to support our application.</p> <p>To take part in the Launceston cluster events package.</p>	<p>Absolute education data. - £270</p> <p>£500</p> <p>ARENA membership</p> <p>£100 (support staff)</p> <p>£850</p>	<p>Working in partnership to increase participation and success in competition.</p> <p>% increase in the numbers of pupils participating in competitive opportunities within school.</p> <p>% increase in the numbers of pupils participating in competitive opportunities against other schools. To be updated at the end of June.</p>	<p>Year on year increase of the number of children taking part in competition.</p> <p>% increase in the number of children taking part in level 2 and 3 competitions. To be updated at the end of June.</p>
<p>Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p> <p>More able children have had access to survival skills</p>	<p>£0</p> <p>Free incentive from Launceston leisure centre.</p>	<p>Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming.</p>	<p><b>Sustainability</b> Swimming continues to be funded from the core school budget.</p>

and synchronised swimming		More able children will have accessed a wide range of swimming opportunities.	
Less able children have access to a qualified swimming teacher to improve the number of children who can swim.			
<b>Meeting national curriculum requirements for swimming and water safety</b>			<b>Please complete all of the below:</b>
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			70%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?			70%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?			Yes/ <b>No</b>
<b>Total funding – £18,810.28</b>	<b>Total funding allocated to date – £17,767.50</b>		<b>Total funding to be allocated - £1042.78</b>

**Note C/F from last year was £2,457 – 1,7166. 72 (PE equipment ) = £740.18**