

# PE and School Sport Action Plan

## St Stephens School 2021–2022 – DRAFT

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2021/2022	Funding allocated - £18,070 Plus C/F of £1805 – £19,875
Lead Member of Staff – Millie Kempton	2021/2022	Governor responsible – Sue Tiemey
Total fund allocated – £19,875	Updated – June 2022	

Key achievements to date: 2020 - 2021	Areas for further improvement and baseline evidence of need: 2020 - 2021
<ul style="list-style-type: none"> <li>• Promotion of the 30 active minutes through the use of daily blasts and an active 30 timetable.</li> <li>• Updated music system in the hall so breakfast club can be active and to improve the quality of dance in PE lessons and after school.</li> <li>• Healthy movers and the sugarsmart leaders introduced to promote healthy active lifestyles and promote the link between exercise and healthy eating.</li> <li>• Absolute Education implemented as a participation monitoring tool to track pupils attendance at after school clubs, lunch time clubs and competition.</li> <li>• Wild tribe first aid programme introduced as an innovative way of developing these important life skills for children.</li> <li>• Subject leaders course in PE completed to upskill the newly appointed PE subject leader.</li> <li>• 2 members of staff in key stage 2 to attended wild tribe practitioners award to increase the delivery of outdoor learning at KS2 and to support the implementation of the National Curriculum outdoors.</li> <li>• Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of PE across the school.</li> <li>• Dance day and a beach day delivered to ensure children at the school can access a wide range of different activities delivered by specialists.</li> <li>• Cricket academy and support received from Plymouth Argyle in the delivery of football within curriculum time and after school.</li> </ul>	<ul style="list-style-type: none"> <li>• To focus on the development of gymnastics whole school with every year group receiving x 2 6 week blocks of specialist gymnastics support</li> <li>• Healthy movers and the Playground leaders introduced to promote healthy active lifestyles and promote the link between exercise and healthy eating.</li> <li>• New equipment to be purchased for playground leaders 12 – 14 leaders to be trained in the delivery of playtime activities.</li> <li>• Subject leader to attend subject leadership training in wild tribe</li> <li>• Dance day and a wild tribe activity day delivered to ensure children at the school can access a wide range of different activities delivered by specialists.</li> <li>• Indian dance day delivered to upskill teachers I the delivery of different cultural dances.</li> <li>• Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics across the school.</li> <li>• Wild tribe first aid courses to be delivered in years 3 and 5 to ensure children are upskilled in the key principles of first aid in a fun and interactive way.</li> <li>• To attend MAT and Launceston College competitions to increase the number of children taking part in competitions.</li> </ul>

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**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To continue with Imoves blasts as a daily physical activity <b>to form part of the menu for 30 active minutes for children.</b></p> <p>To introduce the 30 minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report.</p> <p>To introduce a healthy and well -being area with in the playground to promote mindfulness and reflection, relaxation.</p> <p>Continue to use imoves as a tool to raising standards across the curriculum and <b>engaging children in active learning.</b></p>	£265.50	<p>Imoves has become part of the provision in breakfast club and is used across the school in each class to promote daily active classrooms.</p> <p>Active Timetable successfully introduced with children having access to IMoves every afternoon. 50% increase in the number of children taking part in active classrooms.</p>	<p><b>Sustainability</b> The hall is being used more for active blasts and activity has increased during breakfast club promoting the 30 active minutes.</p> <p><b>Next steps</b> Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.</p> <p>Encourage the children to develop their own sugar smart blasts.</p>

To deliver a refresher on the imoves programme to increase the number of children active classrooms.	Arena	Children understand the principles of sugar smart and understand how to live a healthy active lifestyle.	Ensure there is a rotation of activities to continue to engage the children.
Playground leaders day KS2 – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops.	£160	Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles	Review active maths programme and extend to active literacy. <b>Next steps:</b> Ensure there is a rotation of activities to ensure engagement of children.
To introduce the wild tribe skills achievement award	£120	The wild tribe skills achievement award will be implemented next year due to time lost in the spring term this year due to staff absence.	<b>Sustainability</b> Review IMoves programme and cascade training to all new staff.
Healthy movers to upskill children in understanding how nutrition, healthy eating and physical activity can improve their health and well- being – Years 3 and 5.	£585	60 children attended this programme and their knowledge and understanding of the effects of exercise on the body and healthy eating has improved as a result of attending the training.	<b>Next steps</b> Investigate a health and well-being week for the children.
To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions.	£270	Use if this tool has supported the subject leader in identifying which children are attending clubs and where to give targeted support.	Investigate gaining healthy schools accreditation.  <b>Sustainability</b> Staff trainee to deliver at least one healthy active workshop.  <b>Next steps</b> To continue to use participation monitoring tool to identify children

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**Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To continue to deliver Zumba club and netball run by a HLTA</p> <p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term.</p> <p>To continue to deliver wild tribe first aid 3 x one day courses for Year 2, 4 and 6 to increase children's knowledge and understanding of outdoor learning and the use of first aid to improve life skills.</p>	<p>£210</p> <p>In house costs</p> <p>£877.50 – spring 2/summer 2</p>	<p>Club delivered and children regularly participating on after school clubs. This has helped to raise the profile of PE clubs across the school. <b>Data of club</b></p> <p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p> <p>Over 90 children received training in this first aid programme with improved knowledge and understanding in this important life skill.</p>	<p><b>Sustainability</b> To identify a new member of staff to take on the delivery of this club.</p> <p><b>Next Steps</b> Continue to find interesting and innovative ways of celebrating sports achievement. Review reward system.</p> <p><b>Next steps</b> – to continue this training with the children as vital life skill and to ensure staff are being upskilled in this new area of the curriculum.</p>

**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance and other courses.	Arena membership £550	Inclusive PE curriculum which up skills teachers and pupils. One teacher attended the wild PE conference and PE conference online.	<b>Next Steps</b> Build into future inset training whole school training in PE and school sport.
PE/Wild Tribe conference – Spring 2022	Arena membership		Continue to support the development of subject leadership whole school.
Wild tribe outdoor learning conference March 2022	Arena membership	Staff more confident in teaching outdoor learning and gaining new ideas linked to the curriculum.	
4 days supply cover for subject leader to attend wild tribe subject leader AWARD	3 days supply £350 £495 ( Course)	Subject leader has not been able to attend all 4 days of this course and will hope to attend next year.	<b>Sustainability</b> Staff to deliver inset training to cascade key elements to whole school.
Employment of a specialist coaches to upskill staff in the delivery of PE and school sport with a focus on curriculum gymnastics.	£5022		Opportunities created for PE knowledge to be shared whole school.
The delivery of a Deep dive in PE to upskill the subject leader in this area.	£315	Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs	<b>Next steps</b> Dance and gym CPD for all staff will be a focus of the PE specialist support next year.
Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle	£2700 (curriculum support)	Five teaching staff upskilled as a result of specialist support.	<b>Next Steps</b> Baseline being established for future years on assessment in PE.

		<p>Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p>	<p><b>Sustainability</b> Staff upskilled in at least one area of PE during the year. Staff feeling competent and confident to continue to deliver the area of PE they received the support in.</p> <p><b>Next steps</b>  Subject leadership in outdoor learning to take place for a least one member of staff in 2022– 2023 to start to implement a plan for outdoor learning whole school now teachers are trained in both key stages.</p>
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**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls lunchtime club. Links to competition and summer cricket camps. Links to local cricket clubs (Werrington CC)	£1125 – will be delivered autumn term.	In Autumn 7.8% of students attended afterschool activities. This rose to 25.8% in the Summer term.	<b>Next Steps</b> Continue to broaden the range of alternative sports delivered. Wider range of opportunities will continue to be offered to engage disengaged pupils. Needs of target groups continue to be addressed. Ensure that all Tas leading clubs are recording their registers online using Absolute Education each week – this is to become a non-negotiable.
To continue to develop wild tribe outdoor learning and upskill staff through the purchase of the NC series of 5 books.	£0	PPG children Autumn term – 12.8% Summer term – 28.5%	
Set up to engaged children who do not engage in team sports.	Costed above	All children accessed a day at the Trust's Woodland Skills Centre (including ARB).	
<b>Purchase of new equipment for wild tribe and PE – includes post protectors</b>	£1380	All children took part in an afternoon with	<b>Sustainability</b> Year 5 girls to lead wake up shake up morning sessions for peers. Year 5 girls to cascade knowledge down to year 3 and 4 pupils.
Wild Tribe day to be delivered to year 3 and 4 to broaden the range of activities on offer. (July)	£337.50	60 children to attend the beach day (changed to Wild Tribe Activity Day on school site due to transport costs)	
Day of dance to upskill staff and pupils in the development of a dance performance.	£315	taking part in a range of activities including using natural materials and natural resources. This was an experiential experience form	<b>Next steps</b> – To give children in the school the opportunity to access a



<p>Lunch clubs to be introduced in summer 1 and 2 And cricket lunch time club</p> <p><b>To look at community club links with local clubs in the area.</b></p>	<p>Arena membership</p>	<p>which all children benefited in their personal development and well being.</p> <p>Netball and cricket lunchtime clubs have been delivered for KS2 pupils with good participation rates increasing activity at lunch time.</p> <p>Increase in the number of girls attending a lunch club. 20 attending regularly every week. Increase in confidence and feeling of inclusivity demonstrated by the girls. This club is on a 'roll in, roll out' basis.</p> <p>To investigate the community clubs available to the children at St Stephens.</p>	<p>beach day in the next academic year. Staff to cascade knowledge on workshops for outdoor events</p> <p><b>Next Steps</b> - To look at developing further community links with local sports clubs in the next academic year.</p>
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<b>Key Indicator 5 : Increased participation in competitive sport</b>			
<b>Intended Actions with impact on children</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
<p>To compete in the MAT competitions to ensure children to access high quality competitions.</p> <p>Launceston College competitions package x 6 events</p> <p>Transport to top up swimming events and competitions</p> <p>Kwik cricket comp</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge to look at intra competitions.</p> <p>To attend the sportsability festival at Launceston college to ensure all pupils have access to competitions.</p> <p>To apply for school games mark and aim to achieve- Bronze/Silver award using the ab ed data to support our application.</p>	<p>Arena membership.</p> <p>£125</p> <p>£750</p> <p>ARENA membership</p>	<p>Competition has taken place this year with a MAT competition in cross country KS2 and a KS1 and KS2 commonwealth Games</p> <p>X country data –</p> <p>KS1 Games – 8 children</p> <p>KS2 Games - ??</p> <p><b>Competition – Launceston Competition programme.</b></p> <p>Autumn – attended Football and Tag Rugby tournaments.</p> <p>Spring – Events cancelled due to weather</p>	<p><b>Next Steps</b></p> <p>To try to increase the increase of the number of children taking part in competition in the next academic year</p> <p><b>Next Steps</b></p> <p>To apply for school games mark in the next academic year.</p>

		Summer – KS1 and KS2 Commonwealth Game Tournaments	
<p>Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p> <p>Less able children have access to a qualified swimming teacher to improve the number of children who can swim.</p>	£0 Free incentive from Launceston leisure centre.	<p>Year 6 completed a week intensive block of swimming in Summer 1. Each group was taught by a qualified swimming instructor.</p> <p>47% of the class could swim 25m after the block of lessons.</p> <p>In the class, there were 14 non-swimmers who completed the learning to swim lessons. 12 of these children could swim confidently after the block.</p>	<p><b>Sustainability</b> Swimming continues to be funded from the core school budget.</p> <p><b>Next Steps</b> To ensure children in year 5 and 6 have access to swimming opportunities into the next academic year. Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming. More able children will have accessed a wide range of swimming opportunities.</p> <p>Year 5 and 6 classes will both complete an 5 day intensive block next academic year (22-23)</p>
Meeting national curriculum requirements for swimming and water safety			Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			47%

What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	47%	
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	No	
<b>Total funding – £19,875</b>	<b>Total funding spent to date £16,302.5</b>	<b>Total funding to be allocated £2,698</b>