

PE and School Sport Action Plan

St Stephens School 2020–2021

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2020/2021	Funding allocated - £18,070 Plus C/F of £1828 – £19,898
Lead Member of Staff – Millie Kempton	2020/2021	Governor responsible – Sue Tiemey
Total fund allocated – £19,898	Updated – June 2021	

Key achievements to date: 2018 - 2020

- To continue to utilize specialist teachers and sports coaches to upskill staff in a variety of areas of PE.
- To improve the playground with the installation of playground markings to include the heartline, alphabet tree, roadway and x table ladders – to increase the active 30 minutes at break times and lunchtimes.
- To continue to use the absolute education programme to monitor participation at lunchtimes and in after school clubs.
- To continue to develop leadership in the playground with the introduction of sugarsmart/wild tribe leaders.
- To introduce the 30 minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report.
- To continue to use imoves to develop active classrooms.
- To continue to deliver wild tribe explorers as a tool to improving self-confidence and self-esteem in reluctant learners through outdoor learning.
- To introduce a range of new sports clubs to include boxing, netball, hockey, Zumba and lunch time Plymouth Argyle squad training.
- New subject leader in post provision in place for subject leader training.
- To introduce a day of dance to improve dance provision and expertise within the school.
- To provide alternative activities through the i of a beach day, boxing activities and Zumba.
- To continue to take part in local and county

Areas for further improvement and baseline evidence of need: 2020 - 2021

- To continue to promote the 30 active minutes through the use of daily blasts and an active 30 timetable.
- To update the music system in the hall so breakfast club can be active and to improve the quality of dance in PE lessons and after school.
- To introduce healthy movers and the sugarsmart leaders programme to promote healthy active lifestyles and promote the link between exercise and healthy eating.
- To continue to use Absolute Education as a participation monitoring tool to track pupils attendance at after school clubs, lunch time clubs and competition.
- To introduce the wild tribe first aid programme as an innovative way of developing these important life skills for children.
- To attend a subject leaders course in PE to upskill the newly appointed PE subject leader.
- 2 members of staff in key stage 2 to attend wild tribe practitioners award to increase the delivery of outdoor learning at KS2 and to support the implementation of the National Curriculum outdoors.
- To continue to access specialist sports coaches and PE teachers to upskill teachers in the teaching of PE across the school.
- To implement a dance day and a beach day to ensure children at the school can access a wide range of different activities delivered by specialists.
- To continue to deliver a cricket academy and to receive support from Plymouth Argyle in the delivery of football within curriculum time and after school.

competitions and increase the number of competitions the school take part in. <ul style="list-style-type: none">To apply for school games mark with the aim of achieving the silver mark by the end of this academic year. To continue to develop links with Launceston hockey and boxing club with the provision of after school clubs which link to the community club.			
Key Indicator 1 : The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school			
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
To install a music system to promote the use of physical fitness in break times and lunch times.	£3473 (includes 1828 Covid underspend from 2020)	Music system installed and used by whole school.	Sustainability The hall is being used more for active blasts and activity has increased during breakfast club promoting the 30 active minutes.
To continue with Imoves blasts as a daily physical activity to form part of the menu for 30 active minutes for children.	£265.50	Due to covid and bubble restrictions this has been difficult but many teachers have continued with active blasts within their classrooms	Next steps Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.
To introduce the 30 minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report. To introduce a healthy and well -being area with in the playground to promote mindfulness and reflection, relaxation.	Due to covid and bubble restrictions this has been difficult but many teachers have		Encourage the children to develop their own sugar smart blasts. Ensure there is a rotation of activities to continue to engage the children.

<p>Continue to use imoves as a tool to raising standards across the curriculum and engaging children in active learning.</p> <p>To deliver a refresher on the imoves programme to increase the number of children active classrooms.</p> <p>Sugarsmart leaders day KS2 – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops.</p> <p>Healthy movers to upskill children in understanding how nutrition, healthy eating and physical activity can improve their health and well- being – Years 3 and 5.</p> <p>To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions.</p>	<p>continued with active blasts</p> <p>Part of ARENA membership</p> <p>£260.00 (spring 2/summer1)</p> <p>£585 (spring 2/summer 1)</p> <p>£270</p>	<p>Active Timetable successfully introduced with children having access to IMoves every afternoon. 50% increase in the number of children taking part in active classrooms.</p> <p>Children understand the principles of sugar smart and understand how to live a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles</p> <p>60 children attended this programme and their knowledge and understanding of the effects of exercise on the body and healthy eating has improved as a result of attending the training.</p>	<p>Review active maths programme and extend to active literacy.</p> <p>Next steps: Ensure there is a rotation of activities to ensure engagement of children.</p> <p>Sustainability Review IMoves programme and cascade training to all new staff.</p> <p>Next steps Investigate a health and well-being week for the children.</p> <p>Investigate gaining healthy schools accreditation.</p> <p>Sustainability Staff trainee to deliver at least one healthy active workshop.</p> <p>Next steps To continue to use participation monitoring tool to identify children who are in active and may need interventions.</p>
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Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To continue to deliver Zumba club and netball run by a HLTA</p>	£210	<p>Club delivered and children regularly participating on after school clubs. This has helped to raise the profile of PE clubs across the school.</p> <p>Zumba – KS1 – 16 pupils attended KS2 – 18 pupils attended</p>	<p>Sustainability TA within school runs the club and can cascade to other members of staff.</p>
<p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term.</p>	<p>In house costs</p> <p>This has been difficult due to Covid and online assemblies but will be reviewed next year.</p>	<p>Netball Y5/6 – Up to 16 pupils attending at any given point throughout the year. Introduced club to Y3/4 due to pupil interest. 12 children regularly attended in Summer 2.</p> <p>HLTA- to support Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p>	<p>Next Steps Continue to find interesting and innovative ways of celebrating sports achievement. Review reward system.</p>
<p>To introduce wild tribe first aid 3 x one day courses for Year 2, 4 and 6 to increase children's knowledge and understanding of outdoor learning and the use of first aid to improve life skills.</p>	£877.50 – spring 2/summer 2		<p>Next steps – to continue this training with the children as vital life skill and to ensure staff are being upskilled in this new area of the curriculum.</p>

		Over 90 children receive training in this first aid programme with improved knowledge and understanding in this important life skill.	
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Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>CPD training for staff to include gym, dance and other courses.</p> <p>PE conference – Friday 6th November</p> <p>Wild tribe outdoor learning conference wed 31st March - Sterts liskeard.</p> <p>4 days supply cover for subject leader 1 member of staff to attend the subject leader course. – day 11th March subject leader PE.</p> <p>Employment of a specialist coaches to upskill staff in the delivery of PE and school sport across a wide range of different pe and school sport areas of the curriculum.</p>	<p>Arena membership £550</p> <p>Arena membership</p> <p>Arena membership</p> <p>7.5 days supply £700 £382.50</p> <p>£4344</p>	<p>Inclusive PE curriculum which up skills teachers and pupils. One teacher attended the wild PE conference and PE conference online.</p> <p>Staff more confident in teaching outdoor learning and gaining new ideas linked to the curriculum.</p> <p>Subject leader has attended all 4 days of this course and has been upskilled in leading PE across the whole school.</p> <p>Specialist teachers used as role models to target pupil</p>	<p>Next Steps Build into future inset training whole school training in PE and school sport. Continue to support the development of subject leadership whole school.</p> <p>Sustainability Staff to deliver inset training to cascade key elements to whole school. Opportunities created for PE knowledge to be shared whole school.</p> <p>Next steps Dance and gym CPD for all staff will be a focus of the PE specialist support next year.</p>

<p>Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle</p>	<p>£3330 (curriculum support)</p>	<p>groups. More children encouraged to attend after school clubs Five teaching staff upskilled as a result of specialist support.</p> <p>Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p>	<p>Next Steps Baseline being established for future years on assessment in PE.</p> <p>Sustainability Staff upskilled in at least one area of PE during the year. Staff feeling competent and confident to continue to deliver the area of PE they received the support in.</p>
<p>2 members of staff to attend the wild tribe 2 day practitioners Award.</p>	<p>£450</p>	<p>2 KS2 staff have now completed the 2 day wild tribe practitioner award. They report they are more confident in the use of tools and fires and linking this to the national curriculum</p>	<p>Next steps Subject leadership in outdoor learning to take place for a least one member of staff in 2021 – 2022 to start to implement a plan for outdoor learning whole school now teachers are trained in both key stages.</p>

Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>Delivery of a cricket Academy – Brendan Worth to widen the after school provision –Lunchtime Club for Y3/4 4 weeks (Summer 2). Lunchtime Club for Y5/6 Summer term. Links to competition and summer cricket camps (Cricket comp not attended due to Covid). Links to local cricket clubs (Werrington CC).</p> <p>To continue to develop wild tribe outdoor learning and upskill staff through the purchase of the NC series of 5 books.</p> <p>Set up to engaged children who do not engage in team sports.</p> <p>Beach day to be delivered to year 3 and 4 to broaden the range of activities on offer. (July)</p>	<p>£1125 – will be delivered autumn term.</p> <p>£105.00 (complete)</p> <p>Costed above</p> <p>C/.f from last year £0 this will be delivered in summer 2 2021</p>	<p>Absolute Education baseline data 2% increase in pupils attending after school clubs from Autumn to Summer term 2020 – 2021.</p> <p>10% increase in girls attending clubs from Autumn 2020 to Summer 2021</p> <p>Percentage of pupils attending afterschool clubs Autumn All- 19% Whole School Girls – 18% Whole School Boys – 20%</p> <p>Summer All- 21% Whole School Girls – 28% Whole School Boys – 12% Lunchtime Cricket Club (Summer term)</p>	<p>Next Steps Continue to broaden the range of alternative sports delivered. Wider range of opportunities will continue to be offered to engage disengaged pupils. Needs of target groups continue to be addressed.</p> <p>Sustainability Year 5 girls to lead wake up shake up morning sessions for peers. Year 5 girls to cascade knowledge down to year 3 and 4 pupils.</p> <p>Next steps – To give other children in the school the opportunity to access a beach day in the next academic year.</p>

Day of dance to upskill staff and pupils in the development of a dance performance.	£280 – summer term.	20+ children regularly attending Y3/4 lunchtime club 20+ Y5/6 children regularly attending lunchtime club	Staff to cascade knowledge on workshops for future beach events.
Lunch clubs to be introduced in spring 2 and summer.	£486 this funding was used to support the delivery of extra session of sport to key worker children during the spring lockdown	60 children attended the beach day taking part in a range of activities including beach art, beach science and beach sports. Many children had either not been to the beach or not for a long time. This was an experiential experience form which all children benefited in their personal development and well - being.	
To introduce a girls football the FA girls Barclays scheme to increase the number of girls active at lunch times.	Free with arena membership		
To continue to develop links with Launceston hockey and boxing club with the provision of after school clubs which link to the community club.	Due to Covid this has not taken place and will be reviewed in September 2021.	Increase in the number of girls attending a club. 24 attending regularly every week. Increase in confidence and feeling of inclusivity demonstrated by the girls.	To continue to develop links with local community clubs.

Key Indicator 5 : Increased participation in competitive sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To compete in the MAT competitions to ensure children to access high quality competitions.</p> <p>Transport to events and competitions Kwik cricket comp</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge to look at intra competitions.</p> <p>To attend the sportsability festival at Launceston college to ensure all pupils have access to competitions.</p> <p>To apply for school games mark and aim to achieve- Bronze/Silver award using the ab ed data to support our application.</p>	<p>Arena membership.</p> <p>£250 (this was not needed due to covid restrictions in place.</p> <p>ARENA membership</p> <p>This has not taken place due to Covid.</p> <p>The current games mark accreditation will remain the same for this year.</p>	<p>Competition has been difficult this year due to Covid and the bubble restrictions in place, Most competitions have been virtual challenges.</p> <p>Competition data – MAT competitions.</p> <p>Autumn – Cross Country – whole of KS2 took part. Gym Fit – Each class (1-6) entered two events.</p> <p>Cornwall Virtual Games – Winter – Lockdown 3.0 Virtual Games –</p>	<p>Next Steps To try to increase the increase of the number of children taking part in competition in the next academic year</p> <p>Next Steps To apply for school games mark in the next academic year.</p>

<p>Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p> <p>Less able children have access to a qualified swimming teacher to improve the number of children who can swim.</p>	<p>£0 Free incentive from Launceston leisure centre.</p>	<p>Swimming has not taken place this year due to Covid.</p>	<p>Sustainability Swimming continues to be funded from the core school budget.</p> <p>Next Steps To ensure children in year 5 and 6 have access to swimming opportunities int the next academic year. Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming. More able children will have accessed a wide range of swimming opportunities.</p>
<p>Meeting national curriculum requirements for swimming and water safety</p>			<p>Please complete all of the below:</p>
<p>What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?</p>			<p>Approximately 52%. We have not been swimming this year due to Covid.</p>
<p>What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?</p>			<p>As above.</p>
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>			<p>No</p>
<p>Total funding – £19,898</p>	<p>Total funding spent to date £18,093.30</p>	<p>Total funding to be carried forward due to Covid 19 – £1828 allocated to a music system. total to allocate -£1138</p>	

