

## ST STEPHENS COMMUNITY ACADEMY

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'Embracing Learning.
Inspiring Ambition.
Celebrating Individuality'

## 21.01.2022

## Advice to All Parents - warn and inform

The school remains open and your child should continue to attend as normal if they remain well.

Dear Parents,

We are writing to advise you that there have been further confirmed cases of COVID-19 within the Year 6 class. We know that you may find this concerning but we are continuing to monitor the situation. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Following the change in guidance on January 4th 2022, the school and pre-school will continue to ensure confirmed cases of COVID-19 do not attend until the end of their self-isolation period but contact tracing within the school setting will no longer continue. To help prevent avoidable spread, we encourage staff and families to continue with the twice weekly LFT testing and to inform us of any positive results. 

I would also recommend the Y6 pupils to take a daily LFT for the next week.

For asymptomatic positive LFD results, confirmatory PCR tests have been temporarily suspended from Tuesday 11 January. This will mean that anyone who receives a positive LFD test result will be required to self-isolate immediately and will not be required to take a confirmatory PCR test.

The Covid isolation regulations for positive results have been cut down to 5 full days effective from Monday 17th January.

- If on the 5<sup>th</sup> and 6th day you have a negative Covid test you are able to return to work/school
- If it is positive on the 6th day then you must continue to isolate until your test is negative. (up to 7-10 days)

If the case has no symptoms but a positive test, treat the two days prior to the test as the infectious period.

## What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19 at any time, however mild, please isolate your child and book a test for the person with symptoms (even if they have already taken a test). Symptoms of COVID-19 are:

- A new, continuous cough, and/or
- A temperature, and/or
- A loss of, or change to, sense of test and/or smell.

You can book a test through <a href="https://www.nhs.uk/ask-for-a-coronavirus-test">https://www.nhs.uk/ask-for-a-coronavirus-test</a> or by calling 119. If the test is negative, your child can return to school once they are well and have been fever-free (without the support of paracetamol of Calpol) for at least 24 hours.

Those who are clinically extremely vulnerable should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.















Further information is available at: <a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection">https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</a>

If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111. For most people, coronavirus (COVID-19) will be a mild illness.

How to stop COVID-19 spreading:

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- Wash your hands with soap and water often do this for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards
- Keep indoor spaces as well ventilated as possible let the fresh air in, even if for a short period a day
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: https://www.gov.uk/log-test-site-covid19-results

Further information is available at <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/">https://www.nhs.uk/conditions/coronavirus-covid-19/</a>

Yours sincerely

Maura Furber

Headteacher













