

PE and School Sport Action Plan St Stephens School 2018–2019

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2018/19	Funding allocated - £18,070	
Lead Member of Staff – Josh Bullock	2018/2019	Governor responsible – Ann Nicholson	
Total fund allocated - £18.070	To be Updated – March 2019		



Key achievements to date:

- All staff upskilled in the teaching of Athletics and striking and fielding.
- Professional sports clubs supporting delivery in rugby football and cricket.
- Sugar smart leaders introduced to ensure active playtimes
- Increase in the number of different sports offered in curriculum time and after school.
- 2 teachers trained in the delivery of wild tribe outdoor learning.
- Subject Leader in PE awarded subject leader accreditation and this has supported the leadership of PE.
- Climbing wall installed to provide an alternative activity for all children.
- ARB unit attended a sportsability festival to ensure all children can access competition.
- Support staff put in place to ensure PPG children can access after school sports clubs.

Areas for further improvement and baseline evidence of need:

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg Imoves/active classrooms and ensure a range of programmes are on offer.
- To implement a 30/30 action plan as a result of the 30/30 day to improve the number of children accessing 30 active minutes.
- To continue to improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity and embed the use of the climbing wall.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.
- To upskill pupil leaders within the school to promote health and wellbeing.
- To deliver outdoor learning programmes to engage reluctant learners through the use of wild tribe explorers.
- The implementation of a maths trail to improve active maths within the school grounds.
- To provide children with alternative activities through the delivery of the sugar smart minis and a beach day.
- To introduce Absolute Education as a way of monitoring children's participation in after school clubs and competition.



Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

school children undertake at least 30 minutes of physical activity a day in school				
Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps	
To continue to embed the use of the climbing wall to contribute to active breaktimes.	£2900	5% increase in pupils now taking part in regular playtime activities.	Update other areas of the playground and investigate a trim trail for the field.	
To purchase equipment to increase activity at playtimes and lunchtimes. To support playground	£500			
leaders and ensure children are active.	2000	Equipment purchased and used to support delivery of	Continue to train playground leaders to ensure delivery can	
Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children	£500	physical activity.	continue.	
have access to a high quality experience in PE.			Maintain a log of equipment and put a replacement budget in	
Introduce the Sugar Smart 30-30 – Arena Package to support in developing a plan for both	£260		place.	
playgrounds to include pupil conferencing and quotes to support the development of active playgrounds for children.		Clear action plan in place which has evidenced pupil voice. Phase one of the plan implemented with an	Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.	
Introduce Arena sugar smart blast as a daily		increase in the number of		
physical activity to form part of the menu for 30 active minutes for children.	Arena membership	children engaged in the playground.	Encourage the children to develop their own sugar smart blasts.	
Develop a 30 minute timetable to include all activities which are delivered by playground leaders.	support	5% increase in the number of pupils physically active and engaged on a daily basis in the playground.	Ensure there is a rotation of activities to continue to engage the children.	
			Review active maths programme and extend to active literacy.	



Investigate the use of imoves as a tool to raising standards across the curriculum and engaging children in active learning.	£900	Active Timetable successfully introduced with children having access to IMoves every afternoon. 50% increase in the number of children taking part in active classrooms.	Next steps: Ensure there is a rotation of activities to ensure engagement of children. Sustainability Review IMoves programme and cascade training to all new staff.
Sugarsmart minis day – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops. Playground/sugarsmart leaders delivered to train children in the delivery of activities for younger peers engaging them in active playgrounds.	£260	Children understand the principles of sugar smart and understand how to live a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles 15 playground leaders trained to deliver activities for peers. Children demonstrating an increased confidence in leading activities.	Next steps Investigate a health and well-being week for the children. Investigate gaining healthy schools accreditation. Sustainability Staff trainee to deliver at least one healthy active workshop.
To develop a maths trail around the school to promote the use of active maths and to provide an active trail the children can use as part of their	£260	5% increase in the number of children taking part in	



active 30 minutes.	innovative physical challenges on a daily basis. A range of activities in place to increase the number of children active for 30 mins. Intended impact after
	June.

Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Continue to develop playground leadership across the school. To train x 2 TAs to support in the delivery of playground leadership and lunchtime activity programmes.	Subject leader/TA to support £260	15 Playground leaders delivering activities on a daily basis raising the profile of physical activity.	Next steps Continue to provide sports leadership opportunities for children. Continue to develop and extend opportunities for the sports council whole school. Sustainability Playground leaders and a TA will train the next cohort.
To deliver wild tribe explorers to engage children in behaviour for learning through the outdoors and raise their confidence and self- esteem.	£1170	SDQ questionnaires pre and post wild tribe explorers course. Increased resilience and readiness to learn being displayed by pupils taking	Sustainability TA trained to continue delivery of outdoor learning with this group.



To deliver wild tribe literacy intervention sessions. Year 3 reluctant writers.	£585	part in this programme. Increased confidence and self-esteem in writing.	
To introduce the Imoves programme to all staff with a training inset to ensure staff understand the impact of the programme and how to use it to engage children in active learning.	MAT CPD	All teachers trained in IMoves. TA training delivered by Subject lead.	Next Steps Continue to up skill staff in the delivery of active classrooms and learning in the outdoors. Sustainability Staff developing their own active classroom programmes.
To Introduce a new club run by a HLTA	£103.46	HLTA	
Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards. Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term.	Resources	Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.	Next Steps Continue to find interesting and innovative ways of celebrating sports achievement.



Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
CPD training for staff to include gym, dance and other courses.	Arena membership £550	Inclusive PE curriculum which up skills teachers and pupils. Two teachers attended the wild tribe conference.	Next Steps Build into future inset training whole school training in PE and school sport. Continue to support the development of subject leadership whole school.
Employment of a specialist coaches to upskill staff in the delivery of PE and school sport across a wide range of different pe and school sport areas of the curriculum.	£4293	Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs Five teaching staff upskilled as a result of specialist support.	Sustainability Staff to deliver inset training to cascade key elements to whole school. Opportunities created for PE knowledge to be shared whole school.
Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle	£2220	Fluency, consistency and broad curriculum coverage achieved through the delivery of a	Next Steps Baseline being established for future years on assessment in PE.



		comprehensive high quality PE curriculum. Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school. Parents are aware of the progress their children are making in PE and school sport. 100% increase in the number of pupils being assessed at least once	Staff upskilled in at least one area of PE during the year. Staff feeling competent and confident to continue to deliver the area of PE they received the support in.
Purchase equipment to ensure the delivery of a	£1423.54	throughout the year. Equipment purchased	Sustainability
high quality lessons with a focus on athletics equipment.	L1423.34	which has supported the delivery of high quality lessons.	Curriculum purchase to ensure the continued delivery of high quality PE.

Funding allocated



Delivery of a cricket Academy – Brendan Worth to	£1125	Absolute Education	Next Steps
widen the after school provision – girls lunchtime		baseline data 12% increase	Continue to broaden the range of
club. Links to competition and summer cricket		in pupils atteneding after	alternative sports delivered.
camps. Links to local cricket clubs (Werrington CC)		school clubs term on term	Wider range of opportunities will
		(Autumn to Spring)	continue to be offered to engage disengaged pupils.
		18% of Girls attending	Needs of target groups continue to
		consistently.	be addressed.
14 clubs set up to engaged children who do not	Costed above	15% increase in the number	
engage in team sports.		of girls attending clubs.	
		26% increase in the number	Sustainability
		of boys attending after	Year 5 girls to lead wake up shake
Beach day to be delivered to year 3 and 4 to	£260	school clubs.	up morning sessions for peers.
broaden the range of activities on offer. (July)		10% increase in the number	Year 5 girls to cascade knowledge
		PPG children attending	down to year 3 and 4 pupils.
		clubs (Absolute education	
		data).	
		Wake up shake up lunch	
		time club set up to engage	
		children who prefer non	
		games based sports.	
		Increase in the number of	
		girls attending a club.	
		14 girls attending regularly	
		every week. Increase in	
		confidence and felling of	
		inclusivity demonstrated by	
		the girls.	

Key Indicator 5: Increased participation in competitive sport



	allocated		
To compete in the MAT competitions to ensure children to access high quality competitions.	Absolute education	Working in partnership to increase participation and success in competition.	Year on year increase of the number of children taking part in competition.
Transport to events and competitions Kwik cricket comp Investigate entry into open level 2 competitions. Introduce Arena monthly challenge to look at intra competitions. To attend the sportsability festival at Launceston college to ensure all pupils have access to competitions. To apply for school games mark and aim to	£500 (support staff)	% increase in the numbers of pupils participating in competitive opportunities within school. % increase in the numbers of pupils participating in competitive opportunities against other schools. To be updated at the end of June.	% increase in the number of children taking part in level 2 and 3 competitions. To be updated at the end of June.
achieve- Bronze/Silver award using the ab ed data to support our application.			
Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.	£0 Free incentive from Launceston	Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming.	Sustainability Swimming continues to be funded from the core school budget.
More able children have had access to survival skills and synchronised swimming Less able children have access to a qualified swimming teacher to improve the number of	leisure centre.	More able children will have accessed a wide range of swimming opportunities.	
children who can swim.			



Meeting national curriculum req		Please complete all of the below:		
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?				70%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?				70%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?				Yes/ <mark>No</mark>
Total funding – £18,070 Total funding allocated to date – £18,070			Total fun	ading to be allocated - <mark>£0</mark>