

# PE and School Sport Action Plan St Stephens School 2018–2019(DRAFT)

**Background -** The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators -** The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

**Funding -** Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

| The total funding for the academic year | 2018/19                    | Funding allocated - £18,070          |  |
|---|----------------------------|--------------------------------------|--|
| Lead Member of Staff – Josh Bullock     | 2018/2019                  | Governor responsible – Ann Nicholson |  |
| Total fund allocated - £18.070          | To be Updated – March 2019 |                                      |  |



#### Key achievements to date:

- All staff upskilled in the teaching of Athletics and striking and fielding.
- Professional sports clubs supporting delivery in rugby football and cricket.
- Sugar smart leaders introduced to ensure active playtimes
- Increase in the number of different sports offered in curriculum time and after school.
- 2 teachers trained in the delivery of wild tribe outdoor learning.
- Subject Leader in PE awarded subject leader accreditation and this has supported the leadership of PE.
- Climbing wall installed to provide an alternative activity for all children.
- ARB unit attended a sportsability festival to ensure all children can access competition.
- Support staff put in place to ensure PPG children can access after school sports clubs.

### Areas for further improvement and baseline evidence of need:

- To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.
- To introduce a variety of programmes to increase the number of children active for 30 active minutes. Eg Imoves/active classrooms and ensure a range of programmes are on offer.
- To implement a 30/30 action plan as a result of the 30/30 day to improve the number of children accessing 30 active minutes.
- To continue to improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity and embed the use of the climbing wall.
- To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.
- To upskill pupil leaders within the school to promote health and wellbeing.
- To deliver outdoor learning programmes to engage reluctant learners through the use of wild tribe explorers.
- The implementation of a maths trail to improve active maths within the school grounds.
- To provide children with alternative activities through the delivery of the sugar smart minis and a beach day.
- To introduce Absolute Education as a way of monitoring children's participation in after school clubs and competition.



Key Indicator 1 : The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

| school children undertake at least 30 minutes of physical activity a day in school                                  |                     |   |   |  |
|---|---------------------|---|---|--|
| Intended Actions with impact on children  | Funding allocated   | Evidence and impact   | Sustainability and next steps   |  |
| To continue to embed the use of the climbing wall to contribute to active breaktimes.                               | £2900               | 5% increase in pupils now taking part in regular playtime activities.                                 | Update other areas of the playground and investigate a trim trail for the field.                        |  |
| To purchase equipment to increase activity at playtimes and lunchtimes. <b>To support playground</b>                | £500                |   |   |  |
| leaders and ensure children are active.   | 2000                | Equipment purchased and used to support delivery of   | Continue to train playground leaders to ensure delivery can   |  |
| Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children                | £500                | physical activity.  | continue.   |  |
| have access to a high quality experience in PE.   |                     |   | Maintain a log of equipment and put a replacement budget in   |  |
| Introduce the Sugar Smart 30-30 – Arena Package to support in developing a plan for both                            | £260                |   | place.  |  |
| playgrounds to include pupil conferencing and quotes to support the development of active playgrounds for children. |                     | Clear action plan in place which has evidenced pupil voice. Phase one of the plan implemented with an | Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area. |  |
| Introduce Arena sugar smart blast as a daily  |                     | increase in the number of   | . ,,  |  |
| physical activity to form part of the menu for 30 active minutes for children.                                      | Arena<br>membership | children engaged in the playground.   | Encourage the children to develop their own sugar smart blasts.   |  |
| Develop a 30 minute timetable to include all activities which are delivered by playground leaders.                  | support             | 5% increase in the number of pupils physically active and engaged on a daily basis in the playground. | Ensure there is a rotation of activities to continue to engage the children.                            |  |
|   |                     | Active Timetable successfully introduced  | Review active maths programme and extend to active literacy.  |  |



|   |      | <u>,                                      </u> |                                     |
|---|------|--|-------------------------------------|
| Investigate the use of imoves as a tool to raising  | £900 | which children have                            |                                     |
| standards across the curriculum and <b>engaging</b> |      | supported in developing.                       |                                     |
| children in active learning.                        |      |  |                                     |
| <b>9</b> .  |      | Active maths being                             |                                     |
| Sugarsmart minis day – Arena to encourage the       |      | delivered across the school                    |                                     |
| children to be sugar smart and physical activity    | £260 | in all classes                                 |                                     |
|   | 2200 | iii dii ciasses                                |                                     |
| through the delivery of a variety of workshops.     |      |  |                                     |
|   |      | A range of activities in                       |                                     |
| Playground/sugarsmart leaders delivered to train    |      | place to increase the                          |                                     |
| children in the delivery of activities for younger  |      | number of children active                      |                                     |
| peers engaging them in active playgrounds.          |      | for 30 mins.                                   |                                     |
|   |      |  |                                     |
|   |      | 5% increase in the number                      |                                     |
| To develop a maths trail around the school to       | £260 | of children taking part in                     |                                     |
| promote the use of active maths and to provide an   | 2200 | innovative physical                            |                                     |
| ·   |      | · · ·  |                                     |
| active trail the children can use as part of their  |      | challenges on a daily basis.                   |                                     |
| active 30 minutes.                                  |      | Children understand the                        | Investigate a health and well-being |
|   |      | principles of sugar smart                      | week for the children.              |
|   |      | and how to lead a healthy                      |                                     |
|   |      | active lifestyle. Greater                      | Investigate gaining healthy schools |
|   |      | awareness amongst                              | accreditation.                      |
|   |      | pupils/parents about the                       |                                     |
|   |      | benefits of physical activity                  |                                     |
|   |      | and healthy active life styles                 |                                     |
|   |      | and nearing derive me styles                   |                                     |
|   |      |  |                                     |
|   |      |  |                                     |
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|   |      |  |                                     |
|   |      |  |                                     |



# Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

| Intended Actions with impact on children   | Funding<br>allocated               | Evidence and impact  | Sustainability and next steps   |
|--|------------------------------------|--|---|
| Continue to develop playground leadership across the school.   | Subject<br>leader/TA to<br>support | 15 Playground leaders delivering activities on a daily basis raising the profile of physical activity. | Continue to provide sports leadership opportunities for children.                             |
| To train x 2 TAs to support in the delivery of playground leadership and lunchtime activity programmes.  | £260                               |  | Continue to develop and extend opportunities for the sports council whole school.             |
| To deliver wild tribe explorers to engage children in behaviour for learning through the outdoors and raise their confidence and self- esteem.   | £1170                              | SDQ questionnaires pre and post wild tribe explorers course  |   |
| To introduce the Imoves programme to all staff with a training inset to ensure staff understand the impact of the programme and how to use it to engage children in active learning.   | MAT CPD                            | Celebration assemblies delivered once a half term with a focus on                                      | Continue to up skill staff in the delivery of active classrooms and learning in the outdoors. |
| Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.  Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half | Resources                          | achievement in PE and school sport which has raised profile with parents and pupils.                   | Continue to find interesting and innovative ways of celebrating sports achievement.           |



| term.  |                             |  |  |
|--|-----------------------------|--|--|
| Key Indicator 3 : Increased cor  | nfidence, knowled           | lge and skills of all staff in teac  | hing PE and sport  |
| Intended Actions with impact on children                                 | Funding<br>allocated        | Evidence and impact  | Sustainability and next steps  |
| CPD training for staff to include gym, dance, swimming and other courses | Arena<br>membership<br>£550 | Inclusive PE curriculum which up skills teachers and pupils. 5 staff trained in gym and dance. | Build into future inset training whole school training in PE and school sport. |

Employment of a specialist coaches to upskill staff in the delivery of PE and school sport across a wide range of different pe and school sport areas of the curriculum.

Coaches used as role models to target pupil groups. More children encouraged to attend after school clubs

Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle

£2220

Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality

PF curriculum.

Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.

development of subject leadership

Continue to support the

whole school.

Children understand where they are in their learning and what their next steps are. Pupil attainment and



| achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school. |  |
|---|--|
| Parents are aware of the progress their children are making in PE and school sport.   |  |

## Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

| Intended Actions with impact on children   | Funding<br>allocated | Evidence and impact   | Sustainability and next steps   |
|--|----------------------|---|---|
| Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls lunchtime club. Links to competition and summer cricket camps. | £1125                | Absolute Education<br>baseline data xxx<br>Girls/Boys                                     | Continue to broaden the range of alternative sports delivered.                        |
|  |                      | Increase 10% of disengaged pupils now involved in sporting activities on a regular basis. | Wider range of opportunities will continue to be offered to engage disengaged pupils. |
| 9 clubs set up to engaged children who do not engage in team sports.   | Costed above         | New club set up to engage children who prefer non games based sports.                     | Needs of target groups continue to be addressed.                                      |
| Investigate karate/taekwondo look at data to target children.  |                      | Increase in the number of girls attending an after school club.                           |   |
| Potential of a lunchtime club with arena spring 2 and summer.  |                      |   |   |



| Beach day delivered to year 3 and 4 to broaden the range of activities on offer. | £260 |  |
|--|------|--|
|  |      |  |

## Key Indicator 5: Increased participation in competitive sport

| Intended Actions with impact on children  | Funding<br>allocated  | Evidence and impact   | Sustainability and next steps   |
|---|-----------------------|---|---|
| To compete in the MAT competitions to ensure children to access high quality competitions.                              | Absolute<br>education | Working in partnership to increase participation and success in competition.                  | Year on year increase of the number of children taking part in competition.     |
| Transport to events and competitions Kwik cricket comp  | data.                 | % increase in the numbers of pupils participating in competitive opportunities within school. | % increase in the number of children taking part in level 2 and 3 competitions. |
| Investigate entry into open level 2 competitions.   |                       | % increase in the numbers   |   |
| Introduce Arena monthly challenge to look at intra competitions.  |                       | of pupils participating in competitive opportunities against other schools.                   |   |
| To attend the sportsability festival at Launceston college to ensure all pupils have access to competitions.            | £300 (support staff)  |   |   |
| To apply for school games mark and aim to achieve- Bronze/Silver award using the ab ed data to support our application. |                       |   |   |
| Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.                            | £625                  | Target of 60% of Year 6's to be able to swim 25 metres.                                       |   |



| Total funding – £18,070 Total funding allocated to date – £16,383   |                        |   | nding to be allocated - £1,687 |                                   |
|---|------------------------|---|--------------------------------|-----------------------------------|
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way? |                        |   | Yes/ <mark>No</mark>           |                                   |
| What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?                     |                        |   | 70%                            |                                   |
| What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?                           |                        |   |                                | 70%                               |
| Meeting national curriculum rec   | uirements for swimming | and water safety  |                                | Please complete all of the below: |
| More able children have had access to survivand synchronised swimming  Less able children have access to a qualified swimming teacher to improve the number of children who can swim.   | al skills              | More able children we have accessed a wick range of swimming opportunities. |                                |                                   |