



# St Stephens Community Academy

**“Embracing Learning; Inspiring Ambition; Celebrating Individuality.”**

**Learning overview Themes: ‘Why do we love being beside the sea so much?’**

**‘Who is the greatest history maker?’**

**Year - 1      AUTUMN TERM 2023**

This term in geography we will be learning about physical and human features of the coast and how the seaside has changed over time. For our history, we will be learning about a range of historical figures and their achievements.

## **Reflectiveness, Resourcefulness, Resilience, Reciprocity**

We will be further developing their understanding of these learning skills in order to become more efficient, independent and proactive learners. A particular focus will be on developing active and appropriate listening and talking skills through a range of games and activities and being able to articulate what we have learnt not what activity we have taken part in.

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| <b>PSED</b>                 | We will be focusing on discussing and creating our class charter, developing confidence in expressing our opinions in front of our peers, discussing and understanding the importance of being safe, expressing our feelings in relation to ‘the learning pit’ and working together as part of a team. We will also be exploring and discussing different emotions and recognising when we are not happy and why, and what we can do to make ourselves and others feel better. We will be using ‘Ruby’s Worry’ and ‘The Colour Monster’ texts to discuss our emotions.   |
| <b>How to help</b>          | <ul style="list-style-type: none"> <li>• Talk about different feelings and emotions.</li> <li>• Discuss the importance of sharing any worries or concerns with an adult you feel safe to talk to.</li> </ul>   |
| <b>English</b>              | We will be using the text, ‘Leo and the octopus’ to start the Autumn term for our writing. This beautiful story discusses uniqueness and explores our emotions. Initially we will be focussing on using our phonics; hearing the sounds in a word, and letter formation. We will move on to looking at sentence structure; capital letters, finger spaces, full stops and checking for sense later in the term. With both reading and writing we will be developing our knowledge of phonics and those tricky common exception words! The outcome of this unit will be to create a fact file exhibiting all of our learning. |
| <b>How to help</b>          | <ul style="list-style-type: none"> <li>• Reading with your child daily.</li> <li>• Practising the Year 1 common exception words.</li> <li>• Practising letter formation.</li> </ul>  |
| <b>Maths</b>                | Our initial focus will be developing our understanding of numbers within 10: counting forwards and backwards from any number, counting, reading and writing numbers to 10, identifying 1 more and 1 less, understanding more than, less than, and equal to, exploring number sentences involving + or - and = and adding and subtracting singles digits within 10.   |
| <b>How to help</b>          | <ul style="list-style-type: none"> <li>• Practise number formation.</li> <li>• Practise ordering numbers within 10.</li> <li>• Explore counting forwards and backwards within 10 from any number.</li> </ul>   |
| <b>Science</b>              | In our science learning we will be exploring weather; seasonal changes, observing and recording weather patterns, measuring rainfall, recording and comparing temperature, and creating our own weather forecasts.   |
| <b>How to help</b>          | <ul style="list-style-type: none"> <li>• Discuss the weather associated with the seasons.</li> <li>• Explore key events that occur during the seasons.</li> <li>• Watch a weather forecast and discuss the symbols used – what similarities and differences do you notice?</li> </ul>  |
| <b>Physical Development</b> | We will be focussing on fundamental multi-skills as well as dance in the first half of the term. In dance we will be focussing on movement and sequencing a series of movements. We will also be discussing the importance of exercise and the effects it has on our body. During the second half of the term we will have coaches from the  |



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|  | Arena team teaching us dance.  |
| <b>How to help</b>   | <ul style="list-style-type: none"> <li>• Practise simple balances.</li> <li>• Practise throwing and catching – you could start with a larger ball and then move to a smaller ball.</li> <li>• Discuss the importance of keeping active and healthy.</li> </ul>   |
| <b>Creative Arts/DT</b>  | We will begin drawing and developing our observational drawing skills. We will evaluate and analyse our learning. Alongside developing our drawing skills, we will be exploring the use of colour and texture. In DT we will be designing, creating and analysing different structures using a variety of construction materials. We will also be exploring and creating a range of weather-related objects! |
| <b>How to help</b>   | <ul style="list-style-type: none"> <li>• Discuss and explore drawing what you can see – you could use a mirror to focus on different facial features.</li> <li>• Talk about what your child is proud of and wants to improve next time.</li> <li>• Have another go!</li> </ul>   |
| <b>Humanities</b>  | In geography we will be recognising and describing physical and human features of the coast. We will also be developing our understanding of how and why seaside holidays have changed in the UK since the 1960's. For our history, we will be discussing and exploring what a range of people remembered by history achieved and considering which person we feel is most significant.                      |
| <b>How to help</b>   | <ul style="list-style-type: none"> <li>• Think about family trips to the seaside. You could discuss with older relatives how these may have changed over time.</li> <li>• Talk about different features of seaside areas using your vocab mat.</li> <li>• Discuss important people to you and why they are important to you.</li> </ul>  |
| <b>Notes for Parents:</b><br>Key vocabulary mats and knowledge organisers sent home, can also be found on our class information page.<br>Home learning – a new home learning sheet will be sent out in line with each new learning theme, this can also be found on our class information page. Home learning can be completed in the home learning book and is to be handed in by Wednesday, I will then feedback and return this on Friday. PE and wild tribe – please can children have their P.E kits and wild tribe kits in school every day.<br>Reading books – Reading books will be sent home in line with your child's phonics group for the children to read and re-read throughout the week to build fluency. This will be for 3-5 days at a time depending on the teaching sequence. Reading can be recorded in the reading records which will be checked on a Friday – this can include school reading books and additional books read at home. Children will select a library book on a Friday to share with you over the weekend. |  |