



An Daras Trust
Igniting Curiosity Growing Capabilities

St Stephens Community Academy Fortnightly Family Newsletter



**"Embracing Learning; Inspiring Ambition;
Celebrating Individuality."**

Friday 8th April 2022

Mrs. Maura Furber -Headteacher



Dear Parents/Carers,

And so we find ourselves at the beginning of the Easter holidays -I think we are all ready for some relaxation and time to recharge our batteries. It has been a very eventful, busy half term and what a joyful way to end it with our wonderful Bollywood day of dance. Thank you to all of you who were able to join us for the 'performance' on Thursday -there are definitely some talented dancers amongst you.

The teachers have been busy reviewing the curriculum and planning for next term's learning. Its going to be an important term for our year 2 and year 6 pupils who will be sitting their Standardised Assessment Tests (SATs) but we do recognise that these 'tests' do not define who our pupils are -they are certainly more than a just a number to us. The summer term also promises lots of school trips, enrichment activities, outside learning, sports days and hopefully sunshine.

We said a fond farewell to two members of staff this week in our final whole school assembly. Mrs Brent is now retiring and Miss Whitley has been successful in a new job role working in the Pastoral team at Launceston College. We are always sad when members of our team leave but we naturally wish them much luck and happiness in their new adventures. Next term we warmly welcome three new Learning Support Assistants, Mrs Caines , Miss Robinson and Mrs Coombs and a new secretary in our office Mrs Smith.

All that is left for me to now say is ...have a wonderful , relaxing holiday with your family and friends. Thank you for all your on going support. I hope the sun shines for you and the Easter bunny comes to visit! We look forward to welcoming you all back to school on Monday 25th April @ 8.45.

Maura Furber



Child Friendly



At St Stephens Community Academy, all staff feel your health, safety and welfare are very important. In our school, we respect our children and help to protect your rights. We do our best to help you make good educational progress. We teach you how to recognise risks in different situations and how to protect yourself and stay safe.

Safeguarding means that school staff should:

- ✓ Protect you from harm;
- ✓ Make sure nothing stops you from being healthy or developing properly;
- ✓ Make sure you are safely looked after;
- ✓ Make sure you have the best life chances and can grow up happy and successful.

How will we try to protect you?

- ✓ We try to provide a safe and secure environment for you to learn in and progress.
- ✓ We help to ensure that you remain safe, at home as well as at school.
- ✓ We think it is important for you to know where to get help if you are worried or unhappy about something.

What happens next?

- ✓ Sometimes a member of staff at school will need to check things with Mrs Furber or Mrs Paul and then, if they can deal with the issue themselves, they will.
- ✓ There are times though when they may need to contact some other agencies for support.
- ✓ These may be Children's Social Care (Social Workers) or Police.
- ✓ There are lots of other agencies who support children and their families as well.
- ✓ Staff will talk to you and explain all of this and you can always go and ask staff questions if you are unsure about anything.

All Children deserve to be:



DO NOT BE SCARED TO TELL SOMEONE STRAIGHT AWAY. WE WILL ALWAYS LISTEN.

If you need to talk - we will listen.

- ✓ You can talk to any adult within the school, anyone you feel comfortable talking to will listen and help you.
- ✓ If you do not want to talk, you can always write it down and give to a member of staff

Or you can ring Childline:



School Improvement

This week Mrs Paul and I have been reviewing our safeguarding policy and practice in an annual review with the Safeguarding Leads from across the Trust schools. Once our evidence has been submitted we will be provided with an action plan to target further improvement. Mr Hunt , our computing lead, has also been reviewing our on line safety practice, identifying our strengths and next steps.

We have also produced a child friendly safeguarding policy that I will be sharing with the children after the holiday - your child's health, safety and welfare are of paramount importance to us all at St Stephens. Please find a copy of this opposite.



Bollywood comes to St Stephens



This week the children and staff were privileged to have been taught by Kalpesh Zalavadiya who is the founder of K'z Dance Entertainment Ltd. He has received professional dance training from renowned dance institutes in India and the UK. Kalpesh is an experienced dance



teacher, choreographer, performer and entertainer. He has won many dance competitions and performed at several high profile events showcasing original and expertly choreographed sequences. K'z Dance Entertainment Ltd has performed at UK Welcomes Modi (Wembley Stadium), John Lewis Partnership 150th celebrations (Wembley Stadium), Diwali on the Square (Trafalgar Square), Diwali Celebrations at the House of Commons (Westminster) and several other events. His passion for dance is truly infectious.



All the children participated with a lot of enthusiasm and they were sad when it came to an end. It was wonderful to see the different Bollywood dance

shapes the children made come together.

They managed to learn 3 choreographed dances and they were so excited and proud when they saw and felt the dance come together with the lively, happy Bollywood music. What a brilliant whole school achievement.



They looked like a scene from a Bollywood movie!

The children thoroughly enjoyed this cultural experience and it looked like the parents thoroughly enjoyed watching the shared 'performance' at the end of the afternoon.



What a wonderful and joyful way to end the term.

Memories, Farewell and Thanks.

This week we said a heartfelt farewell to Mrs Brent and Miss Whitley in our last assembly of the term. Mrs Brent has worked at St Stephens for many years and has held many different positions but most of you will remember her as our school secretary. After a period of absence Mrs Brent has made the decision to retire and have some time to enjoy her family and spend time in her garden.



Having been the 'front' of our school for so long we will all miss her very much.



Many of the children have very fond memories of their first teacher at St Stephens, Miss Whitley. Managing our Pre-School Miss Whitley has worked tirelessly to provide engaging and stimulating learning for the very youngest pupils at St Stephens. We know that she will be very much missed by us all but we are excited that she has secured a new position at Launceston College. Miss Whitley will be working in the Pastoral Team so many of our children will be lucky enough to see her again in the future.

We wish both our fabulous lifetime members of Team St Stephens much luck and happiness in their next adventures.

Healthy Movers

Year 3 have learnt through a fun and interactive way what constitutes a healthy diet. They learnt how they can plan and prepare a range of healthy meals and understand the characteristics of a poor diet and the risks associated with unhealthy eating.



The day led by Arena, also stressed the importance of building regular exercise into daily and weekly routines and the children took part in several fitness activities. In the practical lessons they were developing their understanding of the links between cardiovascular fitness and how they burn calories.



Science in the Early Years

In Year F we have been talking more about plants and growing. We have talked about the different parts of a flowering plant and have planted our own seeds.



Food Design Technology -Smoothie Making

This half term our design technology in Year 2 is food based - learning about and how to make fruit smoothies.

We began by learning about the 'Eatwell Plate' and why fruit smoothies would be a good choice to help with our 5-a-day.

We then taste-tested a variety of different fruit combinations as smoothies and discussed our preferences.

We used this information to help us design our own smoothies.



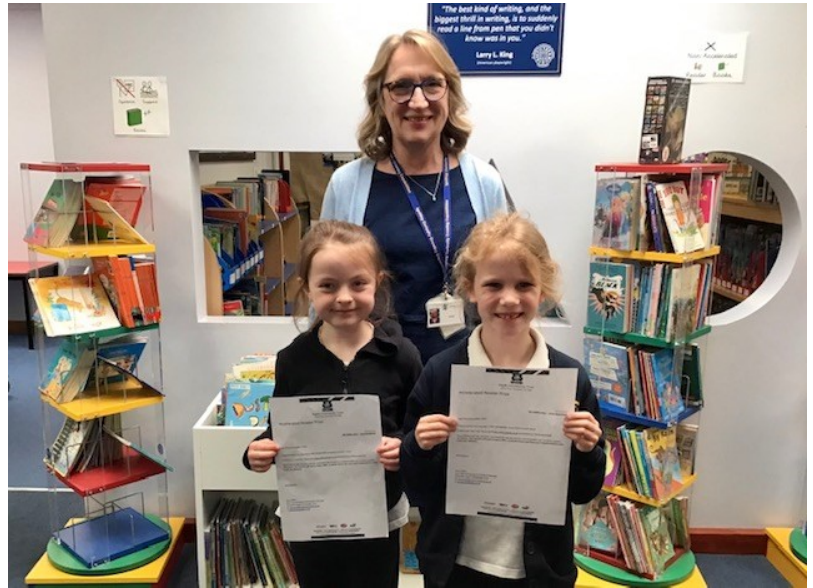
We used different tools, such as knives to practice our skills of cutting, chopping and peeling.

Finally we made our smoothies and evaluated them.



Accelerated Reader Prize Winners .

A HUGE well done to our lucky AR prize winners this half term. They have both won an amazing opportunity donated by Plymouth Argyle Football Club (PAFC) Both children have received vouchers to attend a PAFC Roadshow free of charge. The vouchers can be redeemed over the Easter holiday or in the Summer. Thank you to Gary @ PAFC for this incredibly generous donation, our community showing their support for our reading drive at school.



WBW SOLICITORS

Launceston Chamber of Commerce

Leven Bridal

EASTER EGG SCAVENGER HUNT

TUE 12th - THU 14th APRIL
Any time between 10 - 3
Launceston Town Centre
Starting Point: M4KE, 4 Race Hill

Follow the route and answer the questions inside the shops. Collect an egg for every right answer



Go Wild During Easter

Come and join us at Callington
Community College 10am to 2pm on
Monday 11th to Thursday 14th April 2020

Your main aim is to have fun and enjoy yourself through learning about nature and your environment. You will learn to manage risks through use of tools, work together through team work challenges and become more confident with raised self esteem. Our Wild Tribe Rangers will give you the opportunities to build on your leadership and life skills by guiding and supporting you in: fire lighting, cooking outdoors, building shelters, bug hunting

For 4 to 16 year olds

Lunch and snacks provided - just bring plenty to drink

Come dressed for all weathers, you must wear clothes to cover your arms and legs. No open shoes, flip flops

£15 per person

No charge to pupil premium and free school free children



KIDS IN THE WILD

IS YOUR CHILD 9-11 YEARS OLD?

DO YOU WANT YOUR CHILD TO HAVE THE ULTIMATE SUMMERTIME ADVENTURE?

ARE YOU FED UP WITH SEEING THEM INSIDE ON SCREENS?

DO YOU THINK THEY WOULD BENEFIT FROM TIME SPENT IN THE WILDERNESS?

Channel 4 and the producers of *Junior Bake Off* are making a brand-new series and are looking for children aged 9-11 to spend two weeks camping in nature this summer.

By encouraging independence outdoors, we will explore the relationships and skills children develop when put to the test.

VISIT WWW.APPLYFORTHEWILD.CO.UK

OR EMAIL KIDSINTHEWILD@LOVEPRODUCTIONS.CO.UK

<https://loveproductions.co.uk/contributorprivacynotice>

LOVE
productions



Hoppy Easter!

Help us find Easter and all his bunny friends in The Bearhouse

They will be hiding in The Bearhouse Gallery at Charlie Bears between...

Monday 11th April to Saturday 23rd April*
Open 10am to 4pm

Visit The Bearhouse Gallery any time during the Easter holidays to take part. Everyone that gets all the answers correct will receive a small prize.

Plus, if you can tell us where our giant bunny Easter is hiding in the gallery, you will be entered into a draw to win our lovely lop-eared Charlie Bears bunny...**Emilia!**



Charlie Bears

The Bearhouse | Pipers Close | Pennygillam Ind. Est. | Launceston | Cornwall PL15 7PJ
01566 777 092 | headbear@charliebears.com | www.charliebearsdirect.com

*Not including Sunday 17th April as The Bearhouse is closed on Sundays. Entry to The Bearhouse Gallery is free to under 18s, over 60s and Best Friends Club members - for everyone else the entry fee is £3 per person.

Active April 2022

MONDAY



4 Eat healthy and natural food today and drink lots of water

11 Set yourself an exercise goal or sign up to an activity challenge

18 Try a new online exercise, activity or dance class

25 Have a 'no screens' night and take time to recharge yourself

TUESDAY



5 Turn a regular activity into a playful game today

12 Move as much as possible, even if you're stuck inside

19 Spend less time sitting today. Get up and move more often

26 Take an extra break in your day and walk outside for 15 minutes

WEDNESDAY



6 Do a body-scan meditation and really notice how your body feels

13 Make sleep a priority and go to bed in good time

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

27 Find a fun exercise to do while waiting for the kettle to boil

THURSDAY



7 Get natural light early in the day. Dim the lights in the evening

14 Relax your body & mind with yoga, tai chi or meditation

21 Regularly pause to stretch and breathe during the day

28 Meet a friend outside for a walk and a chat

FRIDAY

1 Commit to being more active this month, starting today

8 Give your body a boost by laughing or making someone laugh

15 Get active by singing today (even if you think you can't sing!)

22 Enjoy moving to your favourite music. Really go for it

29 Become an activist for a cause you really believe in

SATURDAY

2 Spend as much time as possible outdoors today

9 Turn your housework or chores into a fun form of exercise

16 Go exploring around your local area and notice new things

23 Go out and do an errand for a loved one or neighbour

30 Make time to run, swim, dance, cycle or stretch today

SUNDAY

3 Listen to your body and be grateful for what it can do

10 Have a day free from TV or screens and get moving instead

17 Be active outside. Dig up weeds or plant some seeds

24 Get active in nature. Feed the birds or go wildlife-spotting



ACTION FOR HAPPINESS

Happier · Kinder · Together

