





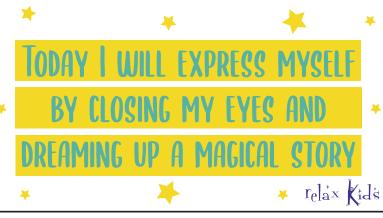
TODAY | WILL EXPRESS MYSELF

BY LOOKING IN THE MIRROR

AND DRAWING A PICTURE ON

MY FACE

relax Kids



TODAY I WILL EXPRESS MYSELF

BY CLOSING MY EYES AND

IMAGINING I AM SOMEWHERE

FAR AWAY

relax Kids

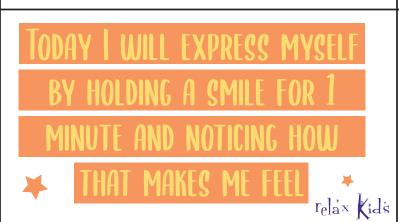


Today I WILL EXPRESS MYSELF

BY PLAYING MY FAVOURITE

GAME

relax Ktds



TODAY | WILL EXPRESS MYSELF
BY FINDING AN OBJECT IN THE
HOUSE AND DRAWING IT
relax Kids







TODAY I WILL EXPRESS MYSELF *

BY CUTTING UP LOTS OF

POSITIVE WORDS THAT MAKE

ME SMILE AND MAKE A COLLAGE *

relax Kids