



Dear Parents/Carers,

Welcome back and what a sunny start we've had to this Spring Term –long may it continue! Our school value of the week has been 'Creativity' and the children have demonstrated this in many ways from gymnastics in Year F, writing poems in Year 2, making Stone Age buildings in Year 3 and maths mastery challenges in Year 6. Across the school I've been impressed with the learning behaviours. So many children have been to see me this week to discuss their learning with real pride and enthusiasm-at one point I had ten children from Year1 in my office! Please keep checking on your child's blog page to see what they have been up to.

On another matter completely it has been brought to our attention that many of our pupils are independently accessing the internet via games, play stations, phones and tablets. Whilst we know how important technology is in our world it is also a concern that your children may be seeing things they shouldn't and communicating with people they do not know. It is recommended that primary children should spend no more than an hour a day on the internet and that an adult should be sat in the same room as them. Within this newsletter we have given you some tips on how to keep the internet a safe place for your children and there are links to support you on our school website regarding parental controls. PLEASE keep checking as the Police and several parents have informed us that even games such as 'Minecraft' are being targeted with disturbing pop up images.

With the good weather on the way please can I just remind you to ensure all pupils have a named P.E. kit in school with suitable trainers for our outdoor learning and please can long hair be tied up securely.

I look forward to meeting many of you at the Parent/Carer consultations next Monday and Tuesday– the sign up lists can be located in the school entrance. Several of our school Governors will also be present so if you have any questions or simply want to say hello they would be delighted to meet you. Here is to another productive half term of exciting learning at St. Stephens.

Maura Furber

Attendance

Wk Ending 15.02.19

CLASS F	89.8%
CLASS 1	95.9%
CLASS 2	96.9%
CLASS 3	83.4%
CLASS 4	88.9%
CLASS 5	94.7%
CLASS 6	89.3%
CLASS 7	83.0%

School Improvement

As part of our on-going plans to improve our school building and grounds I'm delighted to share recent events and future plans. As you have probably already noticed during the half term a smart new fence has been erected around the Key Stage 1 play-ground area. This now creates a safe enclosed play space that, with the help of Mr. Gilbert and his 'work force', can home a mud kitchen and other resources to encourage creative and imaginative learning. In the school several new doors have been installed, signs have been replaced, window handles repaired and new blinds put up to ensure the building not only looks smart but it is a safe and secure environment for your children.

You may also have spotted a new television monitor in our entrance –our aim is to share the amazing learning that happens every day at St Stephens and keep you updated with key messages –we're working on it!

Future improvements planned are rebuilding the conservatory attached to Class 7 (ARB unit), so it is fit for purpose as soon as possible and our school roof is being replaced over the summer break.

All this alongside daily DIY jobs including painting and general repairs by our super Caretaker Mr Wilson!



It's important to note that new challenges are arising on the internet all the time. We have created to raise awareness of the issue and offer advice on helping parents to talk to their children about making safe decisions online. See also our '7 conversation starters' guide for more tips on better communication with your child.

What parents need to know about MOMO

Momo is a sinister 'challenge' that has been around for some time. It has recently resurfaced and once again has come to the attention of schools and children across the country. Dubbed the 'Silent Killer' game, Momo has been heavily linked with apps such as Facebook, WhatsApp, YouTube, and most recently (and most worryingly)... YouTube Kids. The scary doll-like figure reportedly sends graphic violent images, and asks users to partake in dangerous challenges like waking up at random hours and has even been associated with self-harm. It has been reported that the 'Momo' figure was originally created as a sculpture and featured in an art gallery in Tokyo and unrelated to the 'Momo' challenge we are hearing about in the media.

CHILDREN'S VIDEOS BEING 'HUACKED'

There have been recent reports that some seemingly innocent videos on YouTube and YouTube Kids (such as 'surprise eggs', unboxing videos and 'Momo' related videos) have been edited by unknown sources to include violence, provoking and/or inappropriate content. Even though YouTube monitor and remove videos that include inappropriate content, clips can be uploaded and viewed thousands of times before they get reported and removed. As a parent, it's difficult to spot these videos as the harmful content doesn't appear until halfway through the video.

DISTRESSING FOR CHILDREN

Popular YouTubeers and other accounts have been uploading reaction videos, showing their experience of the MOMO challenge. Some of these videos include a disclosure message warning that the content may be "inappropriate or offensive to some audiences" and that "viewer discretion is advised" but these videos are still easily accessed by clicking 'I understand and wish to proceed'. The image of the 'Momo' character can be deeply distressing to children and young people and it's important to note that it may slip through parental settings and filters.

SUGGESTED VIDEOS ON YOUTUBE

Video apps such as YouTube include an 'up next' feature which automatically starts playing another video based on the video just watched. Due to YouTube's algorithm, users are shown 'suggested videos' that they may be interested in. The thumbnails used on suggested videos are purposefully created in a way to encourage viewers to click them. During our research, we found that when watching one Momo related video, we were shown countless other Momo themed videos and other scary content which would be age-inappropriate for children under 18.

Top Tips for Parents

TELL THEM IT'S NOT REAL

Just like any urban legend or horror story, the concept can be quite frightening and scary for young people. Whilst this may seem obvious, it's important for you to reassure to your child that Momo is not a real person and cannot directly harm them. Also, tell your child to not go quietly searching for this content online as it may only cause more distress.

BE PRESENT

It's important for you, as a parent or carer, to be present while your children are online. This will give you a greater understanding of what they are doing on their devices, as well as providing you with the opportunity to discuss, support and support them. Whilst your child may be involved in these activities, the nature of each task become progressively worse as the child's behaviour.

TALK REGULARLY WITH YOUR CHILD

As well as monitoring your child's activity, it's important for you to have conversations with them. Not only will this give you an understanding of their online actions, but these honest and frequent conversations will encourage your child to feel confident to discuss issues and concerns they may have related to the online world.

DEVICE SETTINGS & PARENTAL CONTROLS

Ensure that you set up parental controls for your devices at home. This will help to restrict the types of content that your child can view, as well as help you to monitor their activity. In addition to this, it's vital that you are aware of your device and account settings to ensure your child's account safety. For example, on YouTube you can turn off 'suggested auto-play' on videos to stop your child from viewing content that they have not directly selected.

PEER PRESSURE

Trends and viral challenges can be tempting for children to take part in, no matter how dangerous or scary they seem. Make sure you talk to your child about how they shouldn't succumb to peer pressure and do anything they are not comfortable with, online or offline. If they are unsure, encourage them to talk to you or another trusted adult.

REAL OR HOAX?

As a parent it is natural to feel worried about certain things you see online that may be harmful to your child. However, not everything you see online is true. Check the validity of the source and be mindful of what you share as it may only cause more worry.

REPORT & BLOCK

You can't always rely on parental controls to block distressing or harmful material. People find ways around them and it's important to report and block and promote this type of material. Due to this, we advise that you flag and report any material you deem to be inappropriate or harmful as soon as you come across it. You should also block the account/content to prevent your child from viewing it. Also encourage your child to record/report any content they feel could be malicious to provide evidence in order to escalate the issue to the appropriate channels.

FURTHER SUPPORT

Speak to the safeguarding lead within your child's school should you have any concerns regarding your child's online activity or malicious content that could affect them.

If your child sees something distressing, it is important that they know where to go to seek help and who their trusted adults are. They could also contact Childline where a trained counsellor will listen to anything that's worrying them.

The Childline phone number is 0800 1111.

www.nationalonlinesafety.com Twitter: @natonlinesafety Facebook: /NationalOnlineSafety Phone: 0800 368 8061

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday

- ### Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE USING ON THEIR DEVICES. ASK THEM HOW THEY FEEL ABOUT THEM. REMEMBER THAT THEY MAY NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU. ALSO ASK THEM TO SHOW YOU HOW APPS AND GAMES ARE RELEASED REGULARLY. IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.
- ### Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITE, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASK THEM TO SHOW YOU IF POSSIBLE.
- ### How does this game/app work? Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILE YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT'S IMPORTANT TO REMEMBER THAT THEY DON'T NEED TO SHARE THEIR ACTIVITY WITH YOU. QUESTION WHY.
- ### Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THINGS TO ONLINE. BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD. FOR EXAMPLE, "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.
- ### Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE ADULTS WHO WOULD BE HELPFUL. ASK THEM TO TALK TO A TEACHER, HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.
- ### Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MAY NOT KNOW HOW TO KEEP IT SAFE. IT CAN BE HELPFUL TO HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW IT CAN AFFECT THEM. IF IT IS SHARED BEYOND THE INTENDED RECIPIENT, IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING SENSITIVE DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.
- ### Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM ABOUT THE HEALTHY HABITS AND HOW WHETHER OR NOT THEY SPEND TOO MUCH TIME ON A GAME, IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL, OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE IMPORTANCE OF TIME LIMITS WHEN AT HOME.

www.nationalonlinesafety.com Twitter: @natonlinesafety Facebook: /nationalonlinesafety Phone: 0800 368 8061

Please check out the 'Parent Guides' we have on our website to various platforms e.g. Snapchat, Whatsapp and Roblox.

Year F and Year 1 took part in a Maths Day which involved them completing five different Maths themed activities. These were: partitioning numbers between 0-20, subitising bingo, cubes/mirrors investigation, estimating and number representation. The children were in mixed year groups and they worked together successfully as a group to complete their learning. Lots of learning and maths discussions were had throughout the day!



World Book Day Thursday 7th March

We would like your child to dress up as their favourite book character—the more unusual the better! Every child receives a £1



World Book Day Book Token that can either be exchanged for one of twelve special £1 World Book Day books or used to get £1 off any book costing £2.99 or more. There will also be a special World Book Day inspired menu including Snow White & the Hunters Chicken Burger with Chips, Cloudy with a Chance of Quorn Meatballs with The Twits Spaghetti, The Hungry Caterpillar's Salad, Princess and The Peas and for pudding: Bruce Bogtrotters Chocolate Fudge Cake or The Jungle Book Fruit Salad with Yoghurt Dippers. Yummy!

We would like to warmly welcome Mrs. Scarlett Sage to the team at St Stephens. Mrs. Sage has been appointed as a Learning Support Assistant, currently working in Class 3 every morning, and as a Meal Time Supervisor every lunch time.





St. Stephens is taking part in the 'Big Battery Hunt!' Our challenge is to collect and recycle as many batteries as we can. Each pupil has been provided with a box in order to safely collect their used batteries and bring them into school. There is a large battery recycling bin at the entrance to school. You could even ask friends, family and members of the community to get involved too! Batteries can take 100 years to decompose so it's really important we recycle them. St. Stephens will also have the opportunity to be entered into a prize draw for the chance to win some amazing prizes for the school. Please record the number of batteries you have collected in order for us to keep track in class for collection. The competition ends on June 3rd, so we are asking for all batteries to be sent in to school by May 20th in order to meet the deadline. Thank you and happy collecting!

Safety instructions for adults supervising any battery collecting

- Discarded batteries present a very small risk of fire and source of ignition. The risk can be greatly reduced by taking the following simple precautions:
 - Keep batteries dry and away from sources of heat
 - Do not put damaged batteries in the collection box
 - Store the box/batteries away from combustible or flammable materials
 - Do not put any items other than batteries in the collection box
- We are only collecting AAA, AA, C and D batteries for this activity, but please see guidance on alternative batteries.
 - Button cells present a choking / ingestion hazard – keep away from young children
 - Insulate (tape up) terminals on batteries that can easily short circuit (e.g. 9V batteries)
 - For leaking batteries place in a small plastic bag and then put in the collection box, or keep separate and take directly to an alternative recycling point

GOOL PERAN LOWEN! ST PIRAN'S DAY CELEBRATIONS

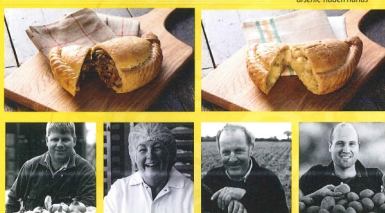
Tuesday 5th March
Menu

Traditional Steak Pasty
or Cheese and Onion Pasty

Hevva Cake

Jackel Potato available on request

Pasties were taken down the mines by the adults and children who worked there; the shape and size made them ideal for carrying. It's distinctive shape with the crust acting as a handle, which was discarded to prevent contaminating the food with possibly possibly arsenic-ridden hands.



All Proper Cornish we are passionate about quality pasties, filled with great tasting ingredients, made properly in Cornwall for people who love food.

We are passionate and honest about where our ingredients come from. All Proper Cornish, we believe in supporting our local farmers. Our seeds come from Hayle, courtesy of Trevor Giddens' family run farm, our potatoes come from third generation farmer Chris Dutton from Far and our onions are grown by Anthony West of Topnotch. Cornwell grows some of the highest quality produce in the world, so why go anywhere else?

Chartwells

Chartwells Special Celebration Menus!

WORLD BOOK DAY THURSDAY 7TH MARCH



Snow White and the Hunters
Chicken Burger with Chips

Cloudy with a Chance of Quorn
Meatballs with The Twists Spaghetti

The Hungry Caterpillar's Salad

Princess and The Peas

Bruce Bogtrotter's
Chocolate Fudge Cake

The Jungle Book Fruit Salad
with Yoghurt Dippers

Chartwells

YOGA 4 YOUTHS

With Senior Yoga Teacher Caroline Harris



LIFTON COMMUNITY CENTRE
STARTING FRIDAY 15th MARCH

FAMILY YOGA

4 - 7 YRS

3.45 - 4.30pm

8 - 10 YRS

4.45 - 5.30pm

YOUTH YOGA

11 - 15 YRS

5.45 - 6.30pm

PRE-BOOK

Cost Per Youth

1 x Class £5

4 x Class £18

6 x Class £24

DROP-IN per Class £6

SIBLINGS DISCOUNT 10%

Family Yoga Adult - FREE

Youth Yoga Adult - £6

To request REGISTRATION FORM email: themagicthread1@outlook.com

Or call Caroline 01566 784880/07736 596577

Or Ruth 01566 780494 - ruthlifton2@gmail.com

Stone Age in Year 3

On the first day back after half term, Year 3 took part in a topic day. We made Stone Age houses using clay, straw and sticks and also did some cave painting in our sketch books.



COMIC RELIEF

RED NOSE DAY

15 MARCH 2019

Pupil Forum are holding a pyjama day on Friday 15th March for Red Nose Day, £1 donation for charity please.

