

## How to help you cope when your child starts school

- ✓ You might be feeling anxious or worried about your child starting school. This is perfectly normal. It is a big life change for you and your child.
- ✓ Talk to other parents going through the same thing.
- ✓ Be aware your child may become upset and need you to comfort them. This will pass.
- ✓ Talk to your child's teacher about your concerns.
- ✓ Try hard not to show your child you are anxious or worried as s/he will pick up on this.
- ✓ Try to have a short positive goodbye routine so that your child knows you are leaving and then go! Saying a long goodbye will make it harder for your child.
- ✓ Most importantly plan to do something nice with a friend the day your child starts school.

If you have any further queries or questions, please do not hesitate to contact us...

St Stephens Community Academy  
Roydon Road  
Launceston, Cornwall  
PL15 8HL

Telephone: 01566 772170

Email: [ststephens@andaras.org](mailto:ststephens@andaras.org)



## Starting School



*'Embracing Learning. Inspiring Ambition. Celebrating Individuality'*

## St Stephens Community Academy Reception Year.



Starting school is an exciting time for you and your child. It can be a daunting time, too. But by working together we will develop confident, independent and successful learners during this important stage of their school journey.

## Welcome to St Stephens Community Academy

Dear Parents/Carers

I am delighted that you have chosen to send your child to our wonderful school. Our Foundation Team have a wealth of experience and knowledge in Early Years teaching and learning and provide an excellent engaging environment that puts your child at the heart of all we do.

Every child is different, with particular talents, worries, preferences and abilities. We will nurture and develop each and every one to enable them to be independent, creative and articulate beings ready to head off on the next stage of their learning career in our Academy.

We strongly believe that a positive and open partnership with you will enable us all to provide the very best for your child. Communication and transparency is key to ensure we all fully understand each other and can celebrate each step of your child's learning journey.

Please do not hesitate to get in touch with us if you have a question or concern- nothing is too small -this is a big moment in your precious child's life. This can be done either by email, telephone or pop into the school.

We hope this little booklet helps you during this exciting time.

We cannot wait to be part of your child's new adventure.

**Maura Furber**

Headteacher



## At school each child will need...

- ✓ a waterproof all-in-one or waterproof trousers
- ✓ a warm waterproof coat
- ✓ welly boots
- ✓ gloves and a hat
- ✓ old clothes
- ✓ P.E kits (shorts, trousers, trainers and a t-shirt).

Children will have access to our outdoor grounds daily during their busy learning opportunities no matter what the weather, so waterproof/warm clothes and wellies are important. These will be kept in school until the half term when they will come home for a wash (they may come home before this if the children get particularly dirty during their learning).



Information is available on our school website <https://www.ststephenscornwall.co.uk/web> or contact our administrator for further assistance (email and contact numbers are on the back of this leaflet)

**PLEASE ENSURE ALL BELONGINGS ARE CLEARLY NAMED AND LABELLED.**



## St Stephens Class F:

- ✓ In Class F we are lucky to have a great indoor and outdoor environment; children have access to resources both inside and outside. St Stephens also has fabulous grounds which we use for wild tribe and further explorations. We even have some chickens! We follow children's interests to engage our children in their learning and organise trips and visitors throughout the year.



## Lunch and snacks

- ✓ Children will need a drink bottled (labelled with their name). This can be refilled from our classroom taps as and when necessary.
- ✓ A dinner menu will be available at the start of each term. We encourage your child to try our delicious healthy meals -especially as they are free! If your child would prefer a packed lunch please ensure they are healthy and, in a box/bag clearly labelled. Dinners can be selected on a daily basis, please ensure that your child can make their own choice.
- ✓ All children are provided with fruit/vegetables during daily snack time.

## Meet the Team



Hello, my name is Mrs Hobbs and I will be teaching Class F. This will be my 5<sup>th</sup> year of teaching Class F at St Stephens. I am passionate about the Early Years and feel privileged to be part of the start of your child's school journey. We have a great team in Class F, with a wealth of experience and together we endeavour to make this year full of fun, learning and new adventures. I look forward to meeting you soon! Mrs Hobbs (Class F Teacher)

Hi everyone, my name is Mrs Lumby and I will be one of your teachers. However, very excitingly, I am expecting a baby early in September. Therefore, I am leaving you in the VERY capable hands of Mrs Hobbs and all our amazing LSAs for most of the year. I will hopefully see you towards the end of the year to see the great amounts of progress you have made throughout your first year at school. I wish you all luck and look forward to meeting you all soon. Mrs Lumby ©



## Our brilliant LSAs:



Mrs Davey



Mrs Mayer



Miss Rowe

### How you can help get your child ready for Reception

- ✓ Encourage your child to share and take turns.
- ✓ Have conversations with your child.
- ✓ Listen to your child and encourage your child to take with you.
- ✓ Enjoy books and stories together.
- ✓ Sing nursery rhymes and songs together.
- ✓ Encourage your child to paint, glue, draw, use scissors.
- ✓ Encourage your child to build and make things.
- ✓ Explore the outdoors with your child. Look for minibeasts and jump in puddles!
- ✓ Encourage your child to be active by running, climbing, jumping, throwing and catching with balls and playing hide-and-seek.
- ✓ Encourage your child to make marks for writing - writing shopping lists, their name on cards etc.
- ✓ Encourage your child to count lots of different things and recognise the numbers 0-10.



### Encourage your child to do as much for themselves as they can

- ✓ Dress and undress on their own, practise putting on and taking off their coats, tops, trousers, shoes and socks.
- ✓ Also practice getting changed into their PE/Wild Tribe kits.
- ✓ Go to the toilet on their own and manage wiping themselves clean and washing their hands.
- ✓ Practise eating packed lunches and working out how to manage food wrappers and using cutlery.
- ✓ Recognise their own clothes, lunch box and other belongings.
- ✓ Recognising their own name when they see it.