

# PE and School Sport Action Plan

## St Stephens School 2020–2021

**Background** - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

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| The total funding for the academic year | 2020/2021                | Funding allocated - £18,070 Plus C/F of £1828 – £19,898 |
| Lead Member of Staff – Millie Kempton   | 2019/2020                | Governor responsible – Sue Tiemey                       |
| Total fund allocated – £19,898          | To be Updated – Jan 2020 |   |

### Key achievements to date:

- To continue to utilize specialist teachers and sports coaches to upskill staff in a variety of areas of PE.
- To improve the playground with the installation of playground markings to include the heartline, alphabet tree, roadway and x table ladders – to increase the active 30 minutes at break times and lunchtimes.
- To continue to use the absolute education programme to monitor participation at lunchtimes and in after school clubs.
- To continue to develop leadership in the playground with the introduction of sugar smart/wild tribe leaders.
- To introduce the 30-minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report.
- To continue to use I moves to develop active classrooms.
- To continue to deliver wild tribe explorers as a tool to improving self-confidence and self-esteem in reluctant learners through outdoor learning.
- To introduce a range of new sports clubs to include boxing, netball, hockey, Zumba and lunch time Plymouth Argyle squad training.
- New subject leader in post provision in place for subject leader training.
- To introduce a day of dance to improve dance provision and expertise within the school.
- To provide alternative activities through the i of a beach day, boxing activities and Zumba.

### Areas for further improvement and baseline evidence of need:

- To continue to take part in local and county competitions and increase the number of competitions the school take part in.
- To apply for school games mark with the aim of achieving the silver mark by the end of this academic year.

To continue to develop links with Launceston hockey and boxing club with the provision of after school clubs which link to the community club.

**Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

| Intended Actions with impact on children   | Funding allocated | Evidence and impact   | Sustainability and next steps   |
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| Purchase of equipment and resourcing for outside PE to support the delivery of <b>the PE curriculum to ensure children have access to a high quality experience in PE.</b> | £100              | Equipment purchased and used to support delivery of physical activity.  | Update other areas of the playground and investigate a trim trail for the field.  |
| To continue with I moves blasts as a daily physical activity <b>to form part of the menu for 30 active minutes for children.</b>   | £265.50           | Clear action plan in place which has evidenced pupil voice. Phase one of the plan implemented with an increase in the number of children engaged in the playground. | Continue to train playground leaders to ensure delivery can continue.   |
| To introduce the 30 minute timetable to include all activities which are delivered by playground leaders, as a result of the 30:30 report.                                 |                   | 10 % increase in the number of pupils physically active   | Maintain a log of equipment and put a replacement budget in place.<br><br>Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area. |

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| <p>Continue to use I moves as a tool to raising standards across the curriculum and <b>engaging children in active learning.</b></p> <p>To deliver a refresher on the I moves programme to increase the number of children active classrooms.</p> <p>Sugar smart leaders day KS2 – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops.</p> <p>Playground leader training delivered to train children in the delivery of activities for younger peers engaging them in active playgrounds.<br/>OR Wild tribe literacy/maths leaders.</p> <p>Healthy movers to upskill children in understanding how nutrition, healthy eating and physical activity can improve their health and well- being – Years 3 and 5.</p> <p>To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions.</p> | <p>Part of ARENA membership</p> <p>£260.00</p> <p>£585</p> <p>£270</p> | <p>and engaged on a daily basis in the playground.</p> <p>Active Timetable successfully introduced with children having access to IMoves every afternoon. 50% increase in the number of children taking part in active classrooms.</p> <p>Children understand the principles of sugar smart and understand how to live a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles</p> <p>15 playground leaders trained to deliver activities for peers. Children demonstrating an increased confidence in leading activities. Intended impact in autumn term.</p> | <p>Encourage the children to develop their own sugar smart blasts.</p> <p>Ensure there is a rotation of activities to continue to engage the children.</p> <p>Review active maths programme and extend to active literacy.<br/><b>Next steps:</b><br/>Ensure there is a rotation of activities to ensure engagement of children.</p> <p><b>Sustainability</b><br/>Review I Moves programme and cascade training to all new staff.</p> <p><b>Next steps</b><br/>Investigate a health and well-being week for the children.</p> <p>Investigate gaining healthy schools accreditation.</p> <p><b>Sustainability</b><br/>Staff trainee to deliver at least one healthy active workshop.</p> |
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|  |   | 10% increase in the number of children taking part in innovative physical challenges on a daily basis. A range of activities in place to increase the number of children active for 30 mins.   |  |
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| <b>Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement</b>   |   |  |  |
| Intended Actions with impact on children   | Funding allocated                               | Evidence and impact  | Sustainability and next steps  |
| <p>Continue to develop playground leadership across the school.</p> <p>To deliver wild tribe explorers/ Wild Rangers to engage children in behaviour for learning through the outdoors and raise their confidence and self-esteem. KS 1 plus year 3 (8 girls complete)</p> | <p>Subject leader/TA to support</p> <p>Xxxx</p> | <p>15 Playground leaders delivering activities on a daily basis raising the profile of physical activity.</p> <p>SDQ questionnaires pre and post wild tribe explorers course. Self -esteem increased in these children. Increased resilience and readiness to learn being displayed by pupils taking part in this programme.</p> | <p><b>Next steps</b><br/>Continue to provide sports leadership opportunities for children. Continue to develop and extend opportunities for the sports council whole school.</p> <p><b>Sustainability</b><br/>Playground leaders and a TA will train the next cohort.</p> <p><b>Sustainability</b><br/>TA trained to continue delivery of outdoor learning with this group.</p> <p><b>Next Steps</b></p> |

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| <p>To continue to deliver Zumba club and netball run by a HLTA</p> <p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term.</p> <p>To introduce wild tribe first aid 3 x one day courses for Year 2, 4 and 6 to increase children's knowledge and understanding of outdoor learning and the use of first aid to improve life skills.</p> | <p>£210</p> <p>In house costs</p> <p>£877.50</p> | <p>Key workers and bubble groups</p> <p>Club delivered and children regularly participating on after school clubs</p> <p>Autumn term data -<br/>Spring term data -</p> <p>HLTA- to support Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p> | <p>Continue to up skill staff in the delivery of active classrooms and learning in the outdoors.</p> <p><b>Sustainability</b><br/>Staff developing their own active classroom programmes.</p> <p><b>Next Steps</b><br/>Continue to find interesting and innovative ways of celebrating sports achievement.<br/>Review reward system.</p> |
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**Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport**

| Intended Actions with impact on children   | Funding allocated                | Evidence and impact   | Sustainability and next steps   |
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| CPD training for staff to include gym, dance and other courses.  | Arena membership £550            | Inclusive PE curriculum which up skills teachers and pupils. One teacher attended the wild PE conference.   | <b>Next Steps</b><br>Build into future inset training whole school training in PE and school sport.<br>Continue to support the development of subject leadership whole school.  |
| PE conference – Friday 6 <sup>th</sup> November  | Arena membership                 |   |   |
| Wild tribe outdoor learning conference wed 31 <sup>st</sup> March  | Arena membership                 |   |   |
| 4 days' supply cover for subject leader<br>1 member of staff to attend the subject leader course.  | 7.5 days supply £1000<br>£382.50 | Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs<br>Five teaching staff upskilled as a result of specialist support. | <b>Sustainability</b><br>Staff to deliver inset training to cascade key elements to whole school.<br>Opportunities created for PE knowledge to be shared whole school.  |
| Employment of a specialist coaches to upskill staff in the delivery of PE and school sport across a wide range of different pe and school sport areas of the curriculum. | £4005                            | Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.   | <b>Next Steps</b><br>Baseline being established for future years on assessment in PE.<br><br><b>Sustainability</b><br>Staff upskilled in at least one area of PE during the year.<br>Staff feeling competent and confident to continue to deliver the |
| Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle  | £2700 (curriculum support)       | Children understand where they are in their learning  |   |

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| 2 members of staff to attend the wild tribe 2 day practitioners Award. | <b>£450</b> | <p>and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p> <p>Parents are aware of the progress their children are making in PE and school sport.</p> <p>100% increase in the number of pupils being assessed at least once throughout the year.</p> <p>Equipment purchased which has supported the delivery of high quality lessons.</p> | <p>area of PE they received the support in.</p> <p><b>Sustainability</b><br/>Curriculum purchase to ensure the continued delivery of high quality PE.</p> |
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**Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils**

| Intended Actions with impact on children   | Funding allocated         | Evidence and impact                              | Sustainability and next steps |
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| Delivery of a cricket Academy – Brendan Worth to widen the after school provision – girls' lunchtime | £1125 – will be delivered | Absolute Education<br>baseline data 12% increase | <b>Next Steps</b>             |



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| <p>club. Links to competition and summer cricket camps. Links to local cricket clubs (Werrington CC)</p> <p>To continue to develop wild tribe outdoor learning and upskill staff through the purchase of the NC series of 5 books.</p> <p>12 set up to engaged children who do not engage in team sports.</p> <p><b>Beach day to be delivered to year 3 and 4 to broaden the range of activities on offer. (July)</b></p> <p>Day of dance to upskill staff and pupils in the development of a dance performance.</p> <p>To introduce a lunch time club in spring 2 18 weeks</p> <p>o continue to develop links with Launceston hockey and boxing club with the provision of after school clubs which link to the community club.</p> | <p>autumn term.</p> <p>£105.00</p> <p>Costed above</p> <p>£0 this will be delivered in summer 2021</p> <p>£280</p> <p>£486</p> | <p>in pupils attending after school clubs term on term (Autumn to Spring)</p> <p>18% of Girls attending consistently.</p> <p>15% increase in the number of girls attending clubs.</p> <p>26% increase in the number of boys attending after school clubs.</p> <p>10% increase in the number PPG children attending clubs (Absolute education data).</p> <p>Data x country club/football club</p> <p>Wake up shake up lunch time club set up to engage children who prefer non games based sports.</p> <p>Increase in the number of girls attending a club.</p> <p>14 girls attending regularly every week. Increase in confidence and felling of inclusivity demonstrated by the girls.</p> | <p>Continue to broaden the range of alternative sports delivered.</p> <p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p> <p>Needs of target groups continue to be addressed.</p> <p><b>Sustainability</b></p> <p>Year 5 girls to lead wake up shake up morning sessions for peers.</p> <p>Year 5 girls to cascade knowledge down to year 3 and 4 pupils.</p> <p><b>Next steps</b> – To continue to develop links with local community clubs.</p> |
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| Intended Actions with impact on children  | Funding allocated   | Evidence and impact   | Sustainability and next steps   |
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| <p>To compete in the MAT competitions to ensure children to access high quality competitions.</p> <p>Transport to events and competitions<br/>Kwik cricket comp</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge to look at intra competitions.</p> <p>To attend the sportsability festival at Launceston college to ensure all pupils have access to competitions.</p> <p>To apply for school games mark and aim to achieve- Bronze/Silver award using the ab ed data to support our application.</p> | <p>Arena membership.</p> <p>£250</p> <p>ARENA membership</p>    | <p>Working in partnership to increase participation and success in competition.</p> <p>Intended impact</p> <p>10% increase in the numbers of pupils participating in competitive opportunities within school.</p> <p>10% increase in the numbers of pupils participating in competitive opportunities against other schools.</p> <p><b>Competition data</b></p> <p>Autumn –</p> <p>Spring –</p> <p>Cornwall Virtual games -</p> | <p>Year on year increase of the number of children taking part in competition.</p> <p>10% increase in the number of children taking part in level 2 and 3 competitions. To be updated at the end of June.</p> |
| <p>Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.</p> <p>More-able children have had access to survival skills and synchronised swimming</p> <p>Less able children have access to a qualified</p>   | <p>£0</p> <p>Free incentive from Launceston leisure centre.</p> | <p>Target of 60% of Year 6's to be able to swim 25 metres. 70% achieved 25 metres swimming.</p> <p>More able children will have accessed a wide</p>   | <p><b>Sustainability</b></p> <p>Swimming continues to be funded from the core school budget.</p>  |

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| swimming teacher to improve the number of children who can swim.  |  | range of swimming opportunities. |  |
| Meeting national curriculum requirements for swimming and water safety  |  |                                  | Please complete all of the below:                              |
| What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?                           |  |                                  |  |
| What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?                     |  |                                  |  |
| Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way? |  |                                  |  |
| Total funding – £19,898   | Total funding spent to date £13,601.25 |                                  | Total funding to be carried forward due to Covid 19 - £6296.75 |